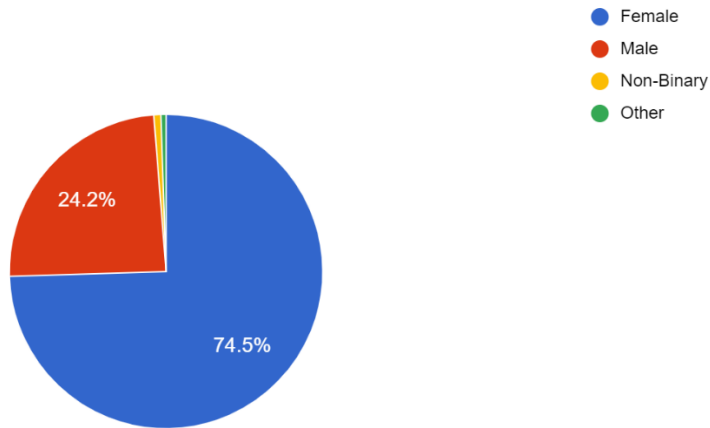


# 2019 PTK HIA Survey Data

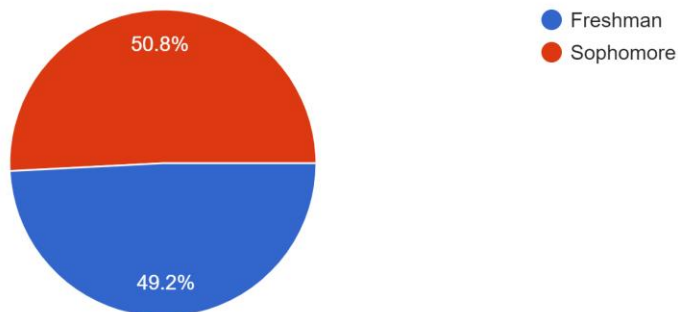
1. Choose the gender you best identify with.

557 responses



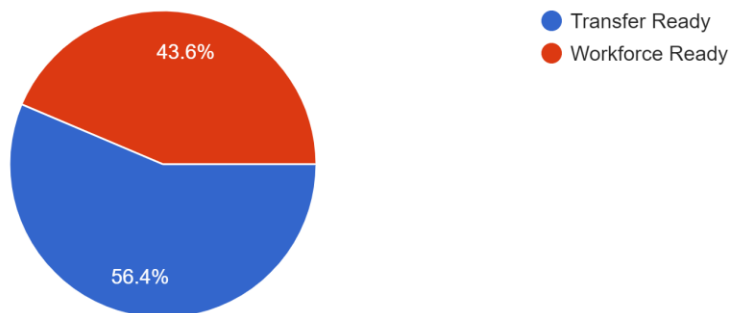
2. What is your level of education at Lake Land College this semester?

557 responses



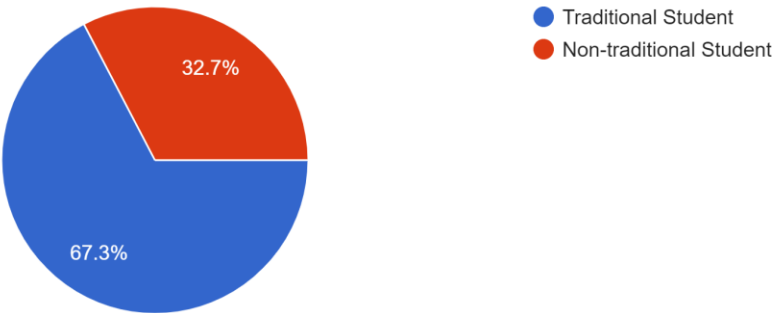
3. Are you seeking to transfer to a four-year university following Lake Land College, or are you in a workforce ready program?

557 responses



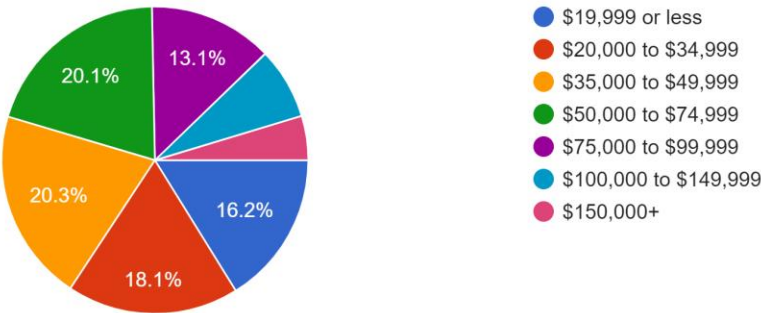
5.Are you a traditional student (entered Lake Land College immediately following high school) or a non-traditional student (returning to education)?

557 responses



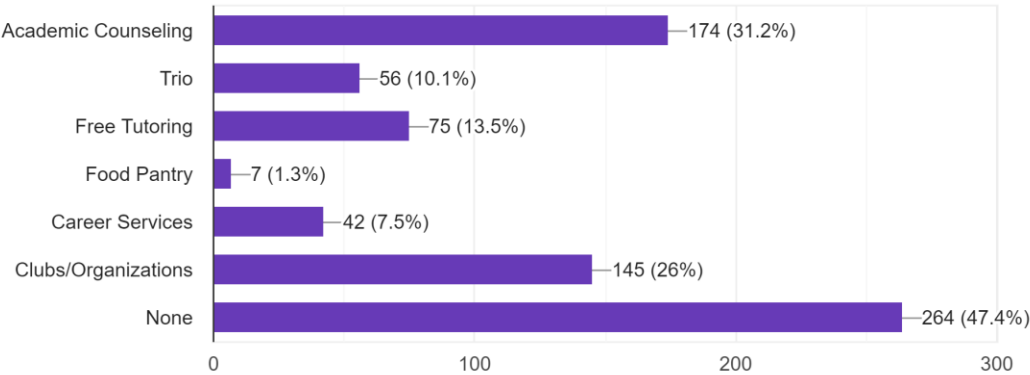
6. Which Income bracket does your family belong to?

557 responses



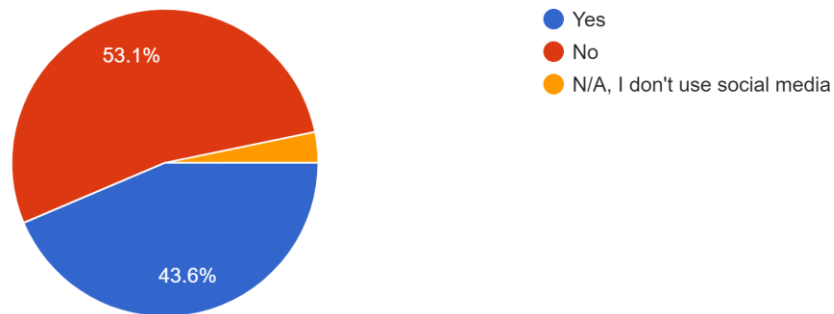
7. Have you used any of the following resources at Lake Land College? (Select all that apply)

557 responses



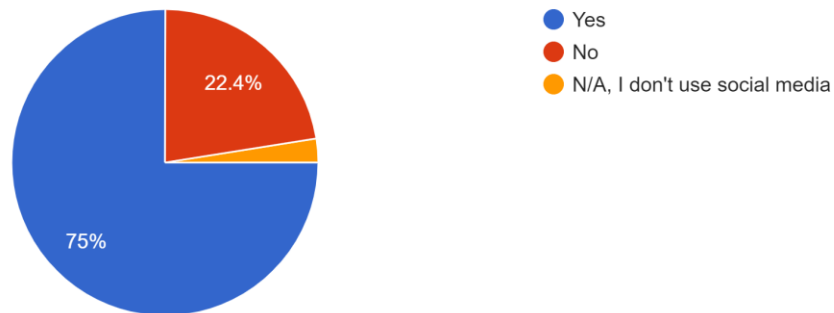
8. Do you think your social media use is adversely affecting your mental health?

557 responses



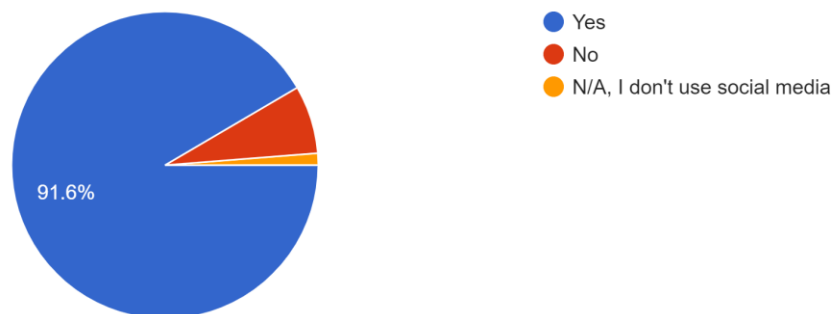
9. Have you ever compared yourself to others through social media? (number of likes, body image, life events, etc.)

557 responses



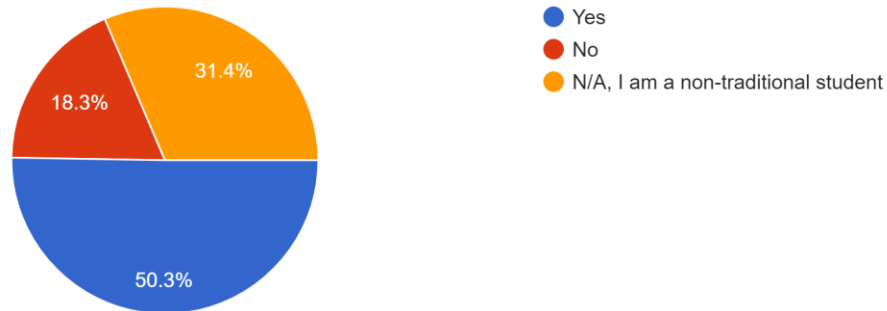
10. Do you believe there is an issue with the way in which people portray themselves on social media? (i.e. Do you think people try to make their lives look better online?)

557 responses



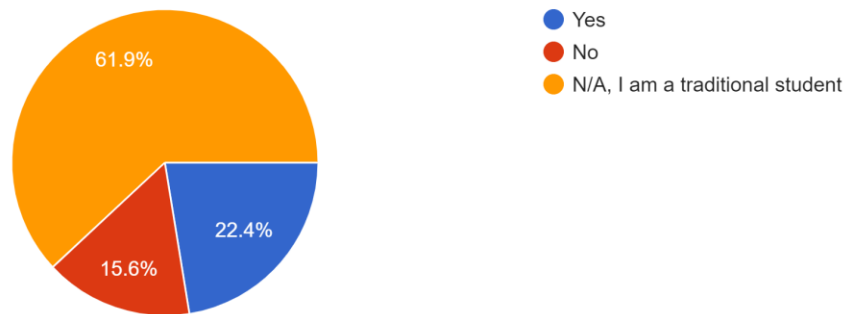
11. Traditional students, have you experienced stress adjusting your high school study habits to college?

557 responses



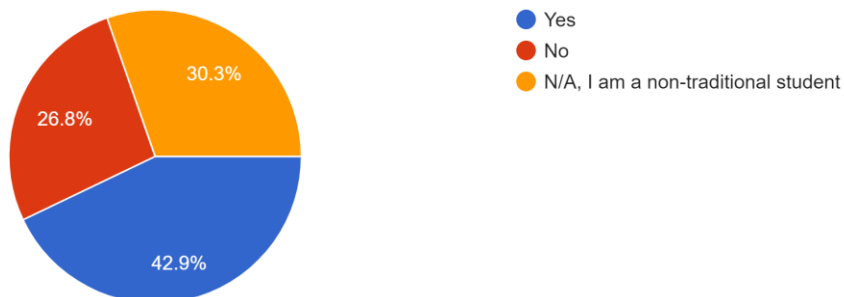
12. Non-traditional students, have you experienced stress due to the academic environment having changed from the last time you were a student?

557 responses



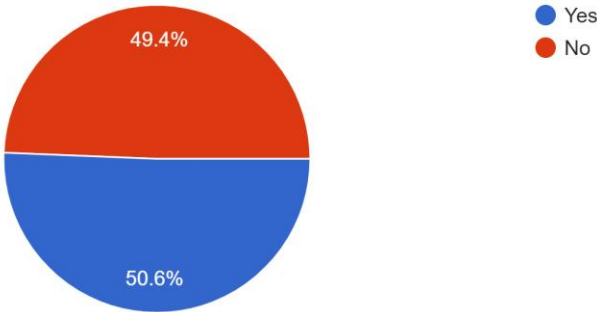
13. Traditional students, have you experienced anxiety due to trying to adapt to a different social environment in college? (i.e. losing friends from high school, meeting new teachers, or a feeling of starting over, etc.)

557 responses



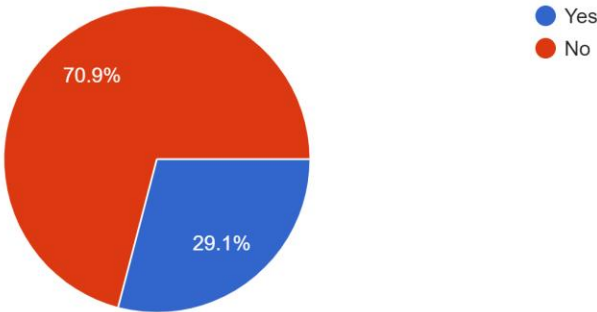
14. Have you experienced anxiety trying to build new connections at Lake Land College?

557 responses



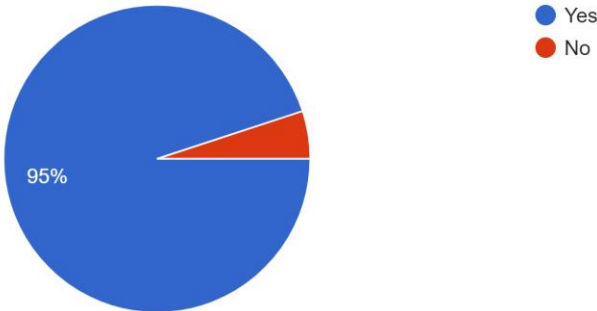
15. Have you felt a negative stigma for attending a community college?

557 responses

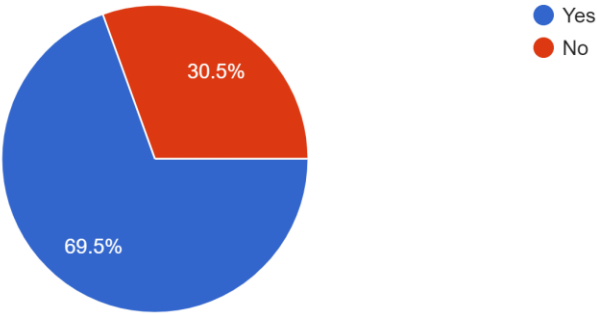


16. Are you satisfied with your decision to attend Lake Land College?

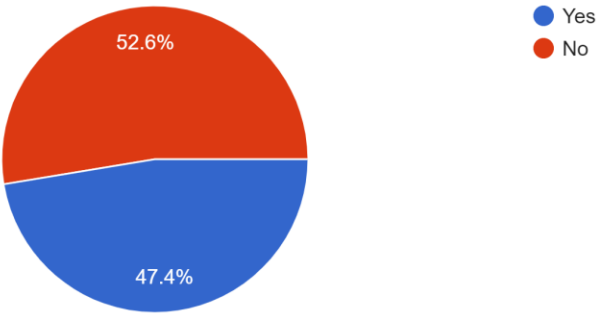
557 responses



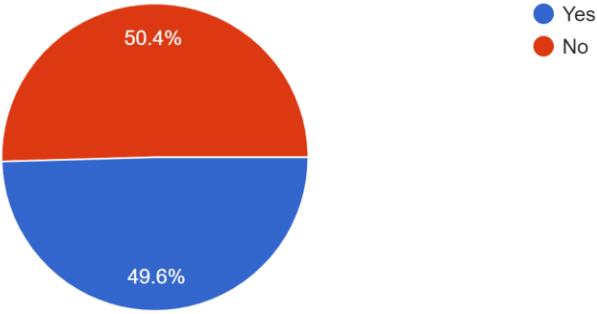
17. Have you ever experienced stress due to the uncertainty of your major or future career choice?  
557 responses



18. Have you ever felt an unhealthy level of stress from having to take too many credit hours?  
557 responses

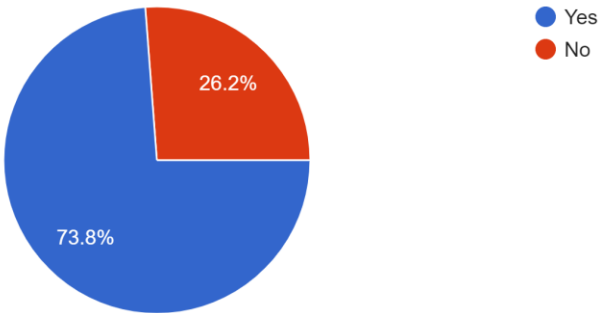


19. Have you ever experienced stress from the expenses of attending Lake Land College (tuition, fees, etc.)?  
557 responses



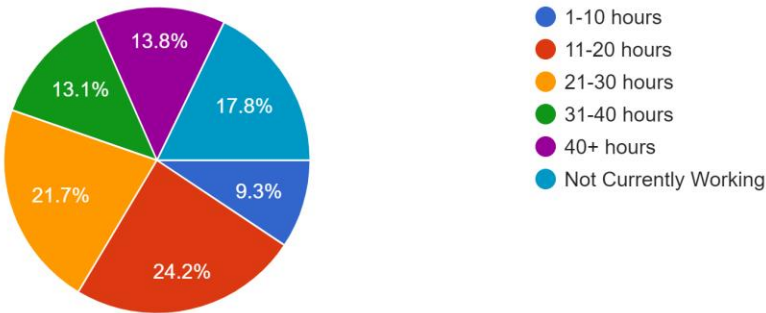
20. Have you ever experienced financial stress in your day to day life (paying for gas, food, bills, etc.)?

557 responses



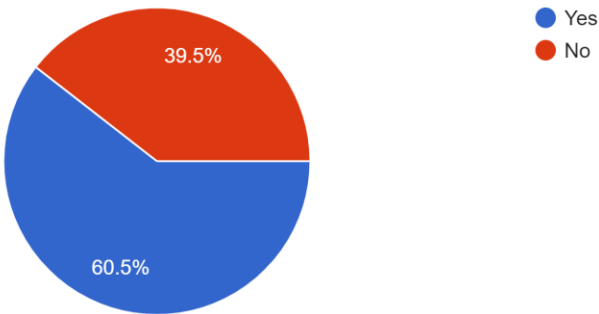
21. On average, how many hours a week do you work?

557 responses



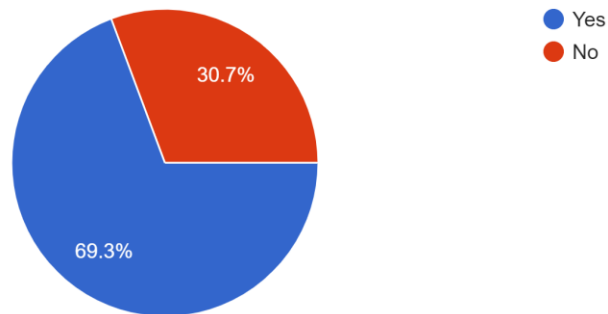
22. Has the amount of hours you work ever caused stress, or affected your ability to succeed in class?

557 responses



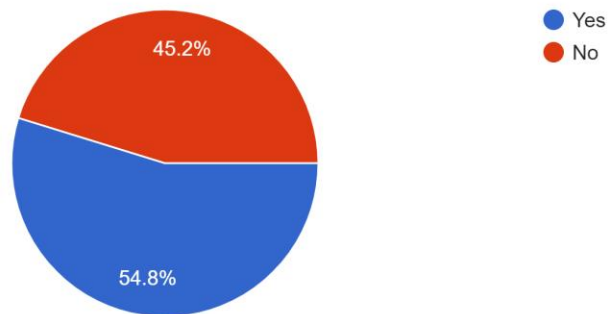
23. Have you experienced stress from balancing your family obligations with your education?

557 responses



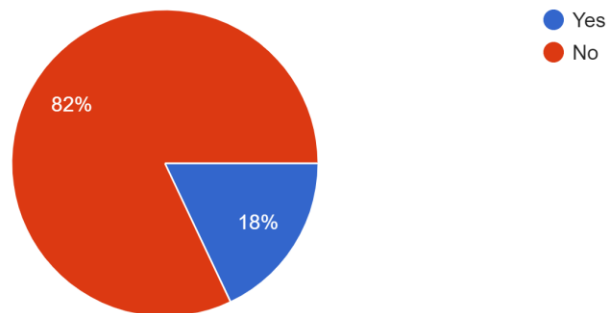
24. Has your mental health ever hindered your full academic potential?

557 responses



25. Have you ever considered or attempted self harm and/or suicide during your time at Lake Land College?

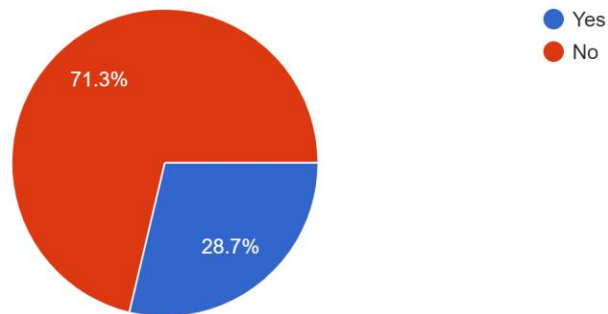
557 responses





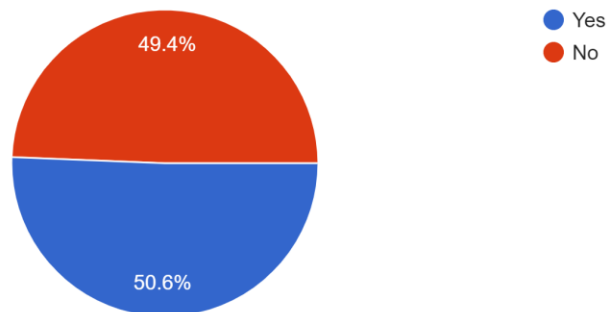
26. Have you ever used mental health counseling?

557 responses



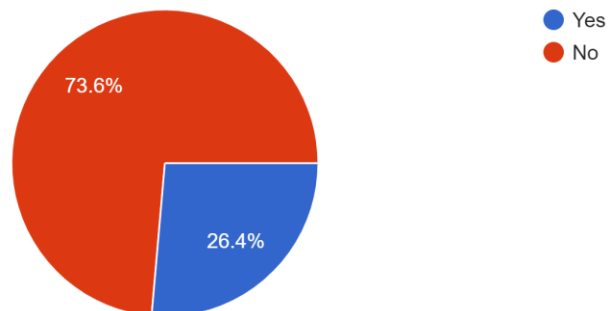
27. Would you use a mental health app that provided screening, resources, and recommendations?

557 responses



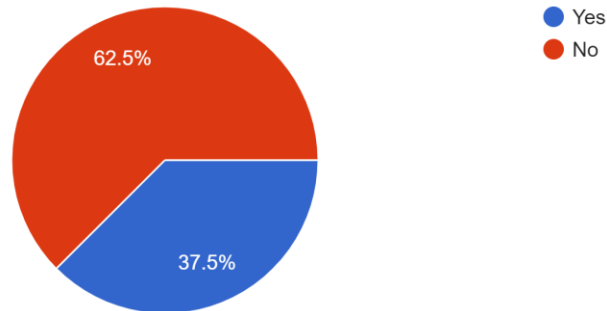
28. Have you ever used drugs or alcohol as a coping mechanism during your time at Lake Land College?

557 responses



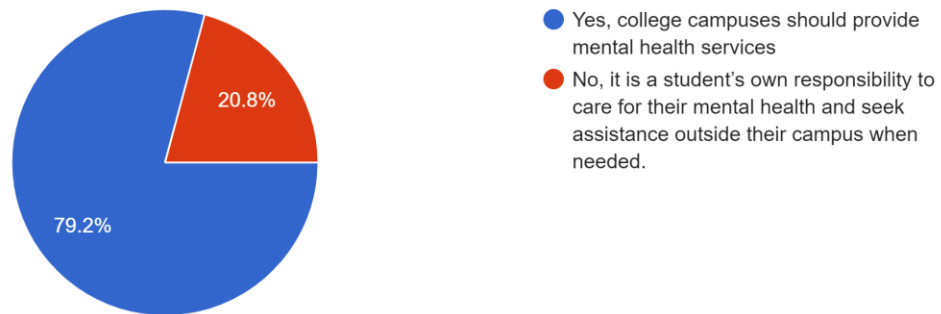
29. Have you ever felt a lasting feeling of sadness for longer than a month during your time at Lake Land College?

557 responses



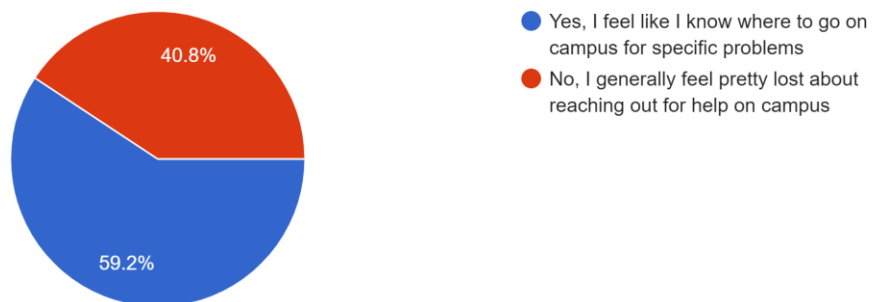
30. Do you believe Lake Land College (and colleges in general) have a responsibility to attend to the mental health needs of their students?

557 responses



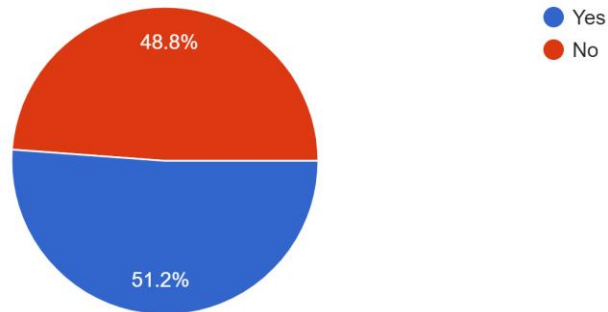
31. Do you believe you were given proper knowledge/instruction about all the resources available to you on campus?

557 responses



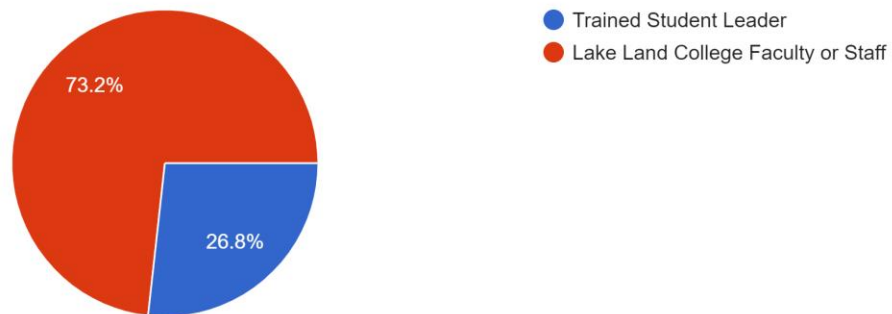
32. Would you use mental health counseling on campus if Lake Land College provided it?

557 responses



33. How would you prefer to learn about mental health resources?

557 responses



34. How did you find out about this survey?

557 responses

