

Lake Land College Athletics COVID-19 Protocol - Fall 2021

		NOT FULLY VACCINATED	FULLY VACCINATED
TESTING	SURVEILLANCE TESTING (Not Playing Outside Competition)	Once a week testing for COVID-19 required as coordinated by the Director of Athletics and Health Services.	No testing required unless symptomatic or based on a risk assessment of a documented close contact with COVID-19 conducted by Health Services.
	TESTING DURING COMPETITION SEASON	Twice weekly COVID-19 testing required as coordinated by the Director of Athletics and Health Services.	No testing required unless symptomatic or based on a risk assessment of a documented close contact with COVID-19 conducted by Health Services.
QUARANTINE	CLOSE CONTACT WITH A CONFIRMED POSITIVE COVID-19 CASE	Quarantine for 14 days after last contact and monitor symptoms. If have symptoms, test and contact health care provider. May shorten quarantine with no symptoms and negative test on day 6 or after with return on day 8. The county health department may extend quarantine.	If symptomatic, test and quarantine until results are received. If not symptomatic, do not need to quarantine but are recommended to test 3-5 days after exposure. Testing required if the College's testing protocol of unvaccinated identifies 3 or more positive cases among that program's student athletes.
ISOLATION	POSITIVE COVID-19 TEST	Regardless of vaccination status, isolation for 10 days after positive test. Return after 10 days and at least 24 hours with no fever (without the use of fever-reducing medications) and other symptoms have improved. The county health department may extend isolation. The county health department or medical provider may approve earlier release of individuals who have had a documented COVID-19 infection in the past 90 days.	
MASKS	Regardless of vaccination status, student athletes must follow CDC and Lake Land College requirements for mask wearing and social distancing during all team and classroom activities. Student athletes and coaching staff must wear masks at all times while not actively competing or practicing. This includes while on the sidelines during drills or competitions, in the Fitness Center, during team travel, and outside when social distancing is not possible.		
FANS	Regardless of vaccination status, fans must follow CDC, IDPH and Lake Land College requirements for mask wearing and social distancing at all times while inside college buildings. While outdoors, vaccinated individuals may remove their masks, while unvaccinated individuals should wear masks when social distancing cannot be maintained.		

Guidelines based on:

- NCAA Resocialization of Collegiate Sport: 2021 Fall Training and Competition. Updated August 18, 2021. Available at [ncaa.org](https://www.ncaa.org).
- CDC Quarantine & Isolation. Updated July 29, 2021. Available at [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus). Also linked to IDPH website at dph.illinois.gov/covid19.
- IDPH Guidance for Fully Vaccinated People. Updated July 27, 2021. Available at dph.illinois.gov/covid19