

5/1/2024 DATE

 REQUIRED COURSE
 ELECTIVE COURSE

 Allied Health DIVISION
 NEW COURSE
 REVISION

Lake Land College

Course Information Form

COURSE NUMBER: MAS-060		TITLE: (30 Characters Max) A & P for the Massage Therapist II		
SEM CR HRS: 4	Lecture: 4	Lab: 0	ECH: 4	
Course Level:	<input type="checkbox"/> Gen Ed / IAI <input type="checkbox"/> Baccalaureate /Non-IAI	<input checked="" type="checkbox"/> Career/Technical <input type="checkbox"/> Dev Ed/ Not in Degree Audit	Clinical Practicum: 0	Work-based Learning: 0 WBL ECH: 0
COURSE PCS #	12 - 51.3501	IAI Code	Contact Hours (Minutes Per Week)	
Repeatable (Y/N): N	Pass/Fail (Y/N): N	Variable Credit (Y/N): N	Min:	Max:
Prerequisites:	BIO-050			
Corequisites:	None			
Catalog Description: (40 Word Limit)	This course provides the basic structure and function of the musculoskeletal system of the human body and basic theory of anatomy & physiology. The students will learn the origin, insertion and action of the major muscles of the human body.			

List the Major Course Segments (Units)	Contact Lecture Hours	Contact Lab Hours	Clinical Practicum	Work-based Learning
Musculoskeletal System	40	0		
Therapeutic Movements	10	0		
Anatomical Structures & Posture	10	0		
TOTAL	60	0	0	0

EVALUATION			
QUIZZES <input type="checkbox"/>	EXAMS <input checked="" type="checkbox"/>	ORAL PRES <input type="checkbox"/>	PAPERS <input type="checkbox"/>
LAB WORK <input type="checkbox"/>	PROJECTS <input type="checkbox"/>	COMP FINAL <input type="checkbox"/>	OTHER <input type="checkbox"/>

COURSE MATERIALS	
TITLE: Trail Guide to the Body	Clinical Kinesiology and Anatomy
AUTHOR: Biel	Lippert
PUBLISHER: Books of Discovery	F. A. Davis
VOLUME/EDITION/URL: 6th edition	7th edition
COPYRIGHT DATE: 2019	2023

TITLE: Trail Guide to the Body	A & P for the Massage Therapist - Note Set
AUTHOR: Biel	
PUBLISHER: Books of Discovery	Lake Land College Print Shop
VOLUME/EDITION/URL: Volume 2 flashcards/6th edition	
COPYRIGHT DATE: 2020	

MAJOR COURSE SEGMENT	HOURS	LEARNING OUTCOMES
		<i>The student will be able to:</i>
Musculoskeletal System	40	Describe the different types of muscles and how muscles function in joint movement. Describe the various types of bones and joints in the human body and their characteristics. List and identify/label the origins, insertions, actions, and nerve supply of the major muscles of the body.
Therapeutic Movements	10	Describe and define joint movements of all joints.
Anatomical Structures & Posture	10	Define and list the planes of motion and their respective axis of rotation, reference points, and anatomical directions. Define standing posture and identify abnormalities.
	60	

COURSE OUTCOMES*	At the successful completion of this course, students will be able to:
	Describe and define joint movements of all joints.
	List and identify/label the origins, insertions, actions, and nerve supply of the major muscles of the body.
	Identify muscles of the body.
	Identify postural alignments and key elements of the gait cycle.

* Course Outcomes will be used in the Assessment Software for Outcomes Assessment. Limit to 3 - 5.