

5/1/2024 DATE

 REQUIRED COURSE
 ELECTIVE COURSE

 Allied Health DIVISION
 NEW COURSE
 REVISION

Lake Land College

Course Information Form

COURSE NUMBER:		MAS-076		TITLE: (30 Characters Max)		Massage Therapy III					
SEM CR HRS:	3	Lecture:	1		Lab:	4		ECH:	5		
Course Level:	<input type="checkbox"/> Gen Ed / IAI <input checked="" type="checkbox"/> Baccalaureate / Non-IAI		<input checked="" type="checkbox"/> Career/Technical <input type="checkbox"/> Dev Ed/ Not in Degree Audit		Clinical	0		Work Based Learning	0		
COURSE PCS #	12 51.3501		IAI Code		Contact Hours (Minutes Per Week)						
Repeatable (Y/N):	N	Pass/Fail (Y/N):	N	Variable Credit (Y/N):	N	Min:	Max:	16 Wks	300	8 wks	600
Prerequisites:	MAS-065										
Corequisites:	None										
Catalog Description: (40 Word Limit)	This course introduces the student to types of massage including: chair massage and sports massage and massage for special population including: pregnancy, infant, children, cancer, hospice, and geriatric. Business practice that relate to massage will be discussed.										

List the Major Course Segments (Units)	Contact Lecture Hours	Contact Lab Hours	Clinical	Work Based Learning
Chair Massage	2	12		
Sports Massage	2	12		
Special population	10	36		
Business Practice	1	0		
TOTAL	15	60	0	0

EVALUATION			
QUIZZES	<input checked="" type="checkbox"/>	EXAMS	<input checked="" type="checkbox"/>
LAB WORK	<input checked="" type="checkbox"/>	PROJECTS	<input type="checkbox"/>
ORAL PRES	<input type="checkbox"/>	COMP FINAL	<input checked="" type="checkbox"/>
PAPERS	<input type="checkbox"/>	OTHER	<input type="checkbox"/>

COURSE MATERIALS	
TITLE:	MT Principles & Practice
AUTHOR:	Salvo
PUBLISHER:	Elsevier
VOLUME/EDITION/URL:	7th
COPYRIGHT DATE:	2022

MAJOR COURSE SEGMENT	HOURS	LEARNING OUTCOMES
		<i>The student will be able to:</i>
Chair Massage	14	Discuss the advantages & disadvantages of a chair massage.
		Perform a complete chair massage using correct techniques with proper body mechanics and good communication skills.
Sports Massage	14	Explain the purpose of a sports massage.
		Identify the major benefits of a sports massage.
Special Populations	46	Discuss the massage techniques commonly used in a sports massage.
		Explain the accommodations and considerations for providing massage to clients with various disabilities.
		Identify the benefits of massage to different special populations.
		Discuss the contraindications when working with different special populations.

Business Practice	1	<p>Determine the advantages or disadvantages of working as an employee or as a business owner.</p> <p>Compare the differences among a sole proprietorship, partnership and a corporation.</p> <p>Develop a business plan.</p>
75		

COURSE OUTCOMES*	At the successful completion of this course, students will be able to:
	Student will be able to perform and discuss the importance of a chair massage.
	Students will be able to explain the benefits of different sports massage techniques.
	Students will be able to explain the benefits and contraindications of massage to different special populations.
	Students will develop a business plan and discuss different factor before opening a massage business.

* Course Outcomes will be used in the Assessment Software for Outcomes Assessment. Limit to 3 - 5.