

6/16/2025

DATE



REQUIRED COURSE



ELECTIVE COURSE

AHD

DIVISION



NEW COURSE



REVISION

# Lake Land College

## Course Information Form

<b>COURSE NUMBER:</b>	ADN-040	<b>TITLE: (30 Characters Max)</b>	Nursing I								
<b>SEM CR HRS:</b>	10.0	<b>Lecture:</b>	7.0	<b>Lab:</b>	2.0	<b>ICCB Lab:</b>	8.0	<b>ECH:</b>	15.0		
<b>Course Level:</b>	<input type="checkbox"/> Gen Ed / IAI <input type="checkbox"/> Baccalaureate /Non-IAI		<input checked="" type="checkbox"/> Career/Technical <input type="checkbox"/> Dev Ed/ Not in Degree Audit		<b>Clinical Practicum:</b>	6.0	<b>Work-based Learning:</b>	0.0	<b>WBL ECH:</b>	0.0	
<b>COURSE PCS #</b>	12 - 51.3801		<b>IAI Code</b>		N/A		<b>Contact Hours (Minutes/Week)</b>				
<b>Repeatable (Y/N):</b>	N	<b>Pass/Fail (Y/N):</b>	N	<b>Variable Credit (Y/N):</b>	N	<b>Min:</b>	<b>Max:</b>	16 Wks	750	8 Wks	1500
<b>Prerequisites:</b>	Admission to the Associate Degree Nursing Program										
<b>Corequisites:</b>	None										
<b>Catalog Description: (40 Word Limit)</b>	This course introduces the role of registered nurse as care provider and interprofessional healthcare team member. A concept-based approach introduces the novice student to knowledge, skills and attitudes necessary to develop clinical judgment in providing care for diverse populations.										

List the Major Course Segments (Units)	Contact Lecture Hours	Contact Lab Hours	Clinical Practicum	Work-based Learning
Nursing practice, professionalism, theory, ethics, legal, quality and communication	11	4	6	
Wellness, holistic care, infection control, hygiene, specimen collection, mobility, basic nutrition and basic elimination	10	2	12	
Vital signs, pain, nursing process, assessment and documentation	14	4	14	
Medication administration and patient education	12	2	14	
Development, culture and death and dying	9	4	7	
Nutrition	14	4	7	
Oxygenation, collaboration, prioritization, delegation and lab values	10	2	14	
Sensory perception and tissue integrity	14	4	7	
Surgery and fluid balance	11	4	9	
<b>TOTAL</b>	<b>105</b>	<b>30</b>	<b>90</b>	<b>0</b>

## EVALUATION

<b>QUIZZES</b>	<input checked="" type="checkbox"/>	<b>EXAMS</b>	<input checked="" type="checkbox"/>	<b>ORAL PRES</b>	<input type="checkbox"/>	<b>PAPERS</b>	<input checked="" type="checkbox"/>
<b>LAB WORK</b>	<input checked="" type="checkbox"/>	<b>PROJECTS</b>	<input checked="" type="checkbox"/>	<b>COMP FINAL</b>	<input checked="" type="checkbox"/>	<b>OTHER</b>	<input checked="" type="checkbox"/>

## COURSE MATERIALS

<b>TITLE:</b>	Pharmacology: A Patient-Centered Nursing Process Approach ISBN:9780443115257	ATI RN Review Module, EHR, Video Case Studies, and Online Modules
<b>AUTHOR:</b>	McCuiston, DiMaggio, Winton, and Yeager	
<b>PUBLISHER:</b>	Elsevier	
<b>VOLUME/EDITION/URL:</b>	12th edition	
<b>COPYRIGHT DATE:</b>	2026	

<b>TITLE:</b>	Medical-surgical nursing: Concepts for interprofessional	
<b>AUTHOR:</b>	Ignatavicius and Workman	
<b>PUBLISHER:</b>	Elsevier	
<b>VOLUME/EDITION/URL:</b>	11th edition	
<b>COPYRIGHT DATE:</b>	2024	

MAJOR COURSE SEGMENT	HOURS	LEARNING OUTCOMES
		<i>The student will be able to:</i>
Nursing practice, professionalism, theory, ethics, legal, quality and communication	21	1. Identify professional organizations that influence the nursing profession. 2. Describe the relationship between theory, research and nursing practice. 3. Explain the legal and ethical obligations of a nurse. 4. Describe the professional responsibilities of a nurse in various patient care settings. 5. Explain the principles of healthcare funding. 6. Identify the role of wellness and prevention.

Wellness, holistic care, infection control, hygiene, specimen collection, mobility, basic nutrition and basic elimination	24	<ol style="list-style-type: none"> <li>1. Implement techniques that will break the chain of infection in the healthcare setting.</li> <li>2. Demonstrate application of PPE and sterile gloving</li> <li>3. Demonstrate basic ADL care, proper transfer and positioning techniques and proper body mechanics while providing care to patients.</li> <li>4. Demonstrate appropriate techniques for specimen collection.</li> <li>5. Identify nursing care necessary to maintain basic nutrition and elimination.</li> <li>6. Explain measures that will ensure patient safety.</li> </ol>
Vital signs, pain, nursing process, assessment and documentation	32	<ol style="list-style-type: none"> <li>1. Relate the nursing process to various populations.</li> <li>2. Demonstrate vital sign assessment.</li> <li>3. Discuss nursing care of the client experiencing pain.</li> <li>4. Demonstrate physical assessment and documentation.</li> <li>5. Identify effective communication techniques to be used with healthcare team members and patients.</li> <li>6. Identify the effects knowledge and technology have on improving the quality of nursing care.</li> </ol>
Medication administration and patient education	28	<ol style="list-style-type: none"> <li>1. Demonstrate safe medication administration utilizing clinical judgment.</li> <li>2. Incorporate the use of the medication dispensing system in the lab.</li> <li>3. Explain safety measures to prevent medication errors.</li> <li>4. Explain appropriate techniques for patient education.</li> <li>5. Demonstrate correct calculation of medication doses.</li> </ol>
Development, culture and death and dying	20	<ol style="list-style-type: none"> <li>1. Identify the stages of growth and development and its effect on health and illness.</li> <li>2. Integrate the nursing process as it relates to death, dying, grief and loss.</li> <li>3. Explain steps to providing culturally competent care.</li> <li>4. Identify complementary and alternative therapies used in holistic nursing.</li> </ol>
Nutrition	25	<ol style="list-style-type: none"> <li>1. Identify the steps of digestion and absorption.</li> <li>2. Discuss essential nutrients for the body.</li> <li>3. Explain the effects of a well-balanced diet on the body throughout the lifespan.</li> <li>4. Discuss diet counseling and patient teaching in relation to patient expectations.</li> <li>5. Explain nursing care related to enteral and parenteral nutrition.</li> <li>6. Demonstrate urinary catheter insertion.</li> </ol>
Oxygenation, collaboration, prioritization, delegation and lab values	26	<ol style="list-style-type: none"> <li>1. Identify the various types of oxygen delivery methods.</li> <li>2. Identify normal values for basic blood tests.</li> <li>3. Implement appropriate prioritization of tasks and delegation of nursing care.</li> <li>4. Demonstrate inter-professional collaboration and communication through the use of ISBARR.</li> </ol>
Sensory perception and tissue integrity	25	<ol style="list-style-type: none"> <li>1. Demonstrate the nursing process as it relates to patients with a sensory deficit and impaired tissue integrity.</li> <li>2. Identify the nurse's role in promoting optimal sensory perception and tissue integrity.</li> <li>3. Demonstrate sterile dressing change.</li> </ol>

Surgery and fluid balance	24	1. Explain how the nursing process is used to deliver care to patients undergoing a surgical procedure. 2. Describe processes that regulate fluid distribution. 3. Demonstrate use of a VTE risk scale to assess risk and implement interventions to prevent VTE.
	225	

Outcomes*	Outcome Title	At the successful completion of this course, students will be able to:
Course Outcome 1	Health Information	Demonstrate therapeutic communication skills in the campus lab and clinical settings to obtain accurate health information from diverse clients.
Course Outcome 2	Ethical Nursing RN	Discuss legal/ethical issues surrounding nursing practice and roles and responsibilities of the registered nurse in diverse client-care settings.
Course Outcome 3	Tech Nurse Care	Identify role of technology and informatics in delivery of nursing care.
Course Outcome 4	Nursing Process 040	Discuss the nursing process using clinical judgement in the delivery of client care.
Course Outcome 5	Nurse Skill Protocol	Demonstrate basic nursing skills following evidence based protocols.
Primary Laker Learning Competency Communication: Students communicate effectively and appropriately through the exchange of information.		
Secondary Laker Learning Competency	Professional Skills & Ethics: Students demonstrate professional business skills and ethical accountability.	

\*Course and program outcomes will be used in the software for outcomes assessment and should include at least 1 primary and 1 secondary Laker Learning Competency. Limit to 3-5.