

2/11/2025

DATE

AHD DIVISION

REQUIRED COURSE

 NEW COURSE

ELECTIVE COURSE

 REVISION

Lake Land College

Course Information Form

COURSE NUMBER:		AHE-040		TITLE: (30 Characters Max)			Basic Nurse Assisting				
SEM CR HRS:	7.0	Lecture:	6.0	Lab:	2.0	ICCB Lab:	2.0	ECH:	8.0		
Course Level:	<input type="checkbox"/> Gen Ed / IAI <input checked="" type="checkbox"/> Career/Technical <input type="checkbox"/> Baccalaureate /Non-IAI <input type="checkbox"/> Dev Ed/ Not in Degree Audit			Clinical Practicum:	0.0	Work-based Learning:	0.0	WBL ECH:	0.0		
COURSE PCS #	12 - 51.3902		IAI Code		N/A		Contact Hours (Minutes/Week)				
Repeatable (Y/N):	N	Pass/Fail (Y/N):	N	Variable Credit (Y/N):	N	Min:	Max:	16 Wks	400	8 Wks	800
Prerequisites:	None										
Corequisites:	Must take concurrently with AHE-040C clinical course and pass both during the same semester.										
Catalog Description: (40 Word Limit)	This course is approved by the Illinois Department of Public Health (IDPH) to provide instruction in basic nursing skills in the classroom, laboratory and clinical settings. Students who successfully complete the course will be eligible to take the State of Illinois certified nursing assistant (CNA) examination.										

List the Major Course Segments (Units)	Contact Lecture Hours	Contact Lab Hours	Clinical Practicum	Work-based Learning
Health care facilities, the nursing assistant and patient rights	2	0		
Communication, the nursing process and medical terminology	6	0		
Human growth and development	4	0		
Safety and preventing infection	5	4		
Musculoskeletal system: body mechanics, exercise and rehabilitation	6	4		
Patient unit, bed-making, comfort and sleep	6	4		
Integumentary system: personal hygiene and grooming	6	4		
Cardiopulmonary system: oxygen needs, vital signs and basic emergency care	6	6		
Urinary system: bladder elimination, catheter care and specimen collection	6	4		
Digestive system: nutrition and bowel elimination	6	4		
Admission, transfer, discharge and physical exam	5	0		
Pre- and post-op care: wound care and pressure ulcers	6	4		
Nervous system: various health disorders	5	0		
Mental health disorders: dementia, developmental disabilities and Alzheimer's	20	0		
End of life care	6	0		
TOTAL	95	34	0	0

EVALUATION

QUIZZES <input checked="" type="checkbox"/>	EXAMS <input checked="" type="checkbox"/>	ORAL PRES <input type="checkbox"/>	PAPERS <input type="checkbox"/>
LAB WORK <input checked="" type="checkbox"/>	PROJECTS <input type="checkbox"/>	COMP FINAL <input checked="" type="checkbox"/>	OTHER <input type="checkbox"/>

COURSE MATERIALS

TITLE:	Textbook for Nursing Assistants
AUTHOR:	S Sorrentino
PUBLISHER:	Mosby
VOLUME/EDITION/URL:	10th
COPYRIGHT DATE:	2021

MAJOR COURSE SEGMENT	HOURS	LEARNING OUTCOMES
		<i>The student will be able to:</i>
Health care facilities, the nursing assistant and patient rights	2	1. Identify the purposes of health care agencies, the nursing assistant and standards of care.
Communication, the nursing process and medical terminology	6	1. Define key medical terms. 2. Compare various methods of communication utilized in healthcare. 3. Describe legal and ethical aspects of medical records.
Human growth and development	4	1. Describe characteristics of growth and development from conception to old age, utilizing these principles when providing basic nursing care.
Safety and preventing infection	9	1. Examine safety measures in providing basic nursing care. 2. Determine purpose, complications and procedures of restraints. 3. Explain principles and practices of medical and surgical asepsis. 4. Perform infection control.

Musculoskeletal system: body mechanics, exercise and rehabilitation	10	<ol style="list-style-type: none"> 1. Identify concepts of good body mechanics. 2. Demonstrate nursing care, utilizing these principles. 3. Identify comfort and safety measures for lifting, turning and moving patients and completing ROM.
Patient unit, bed-making, comfort and sleep	10	<ol style="list-style-type: none"> 1. Assess practices for nursing assistants that promote safety, comfort, rest and sleep. 2. Explain how to maintain a person's unit. 3. Summarize OBRA requirements for resident rooms.
Integumentary system: personal hygiene and grooming	10	<ol style="list-style-type: none"> 1. Compare and contrast practices of personal care, hygiene and grooming, demonstrating these practices when providing nursing care. 2. Identify nursing assistant responsibilities related to wound care, heat and cold applications. 3. Demonstrate procedures in meeting basic care needs of a person with wounds. 4. Describe development and prevention of pressure ulcers.
Cardiopulmonary system: oxygen needs, vital signs and basic emergency care	12	<ol style="list-style-type: none"> 1. Differentiate factors, including anatomy and physiology, that affect vital signs for patients/residents. 2. Identify best practices when measuring vital signs. 3. Obtain vital signs accurately.
Urinary system: bladder elimination, catheter care and specimen collection	10	<ol style="list-style-type: none"> 1. Demonstrate procedures used in urinary elimination, catheter care and specimen collection. 2. Demonstrate procedures for assisting persons with urinary elimination.
Digestive system: nutrition and bowel elimination	10	<ol style="list-style-type: none"> 1. Demonstrate procedures used in bowel elimination and specimen collection. 2. Demonstrate procedures of assisting persons with bowel elimination. 3. Explain basic nutritional concepts and factors that affect nutrition. 4. Calculate food and fluid intake/output accurately.
Admission, transfer, discharge and physical exam	5	<ol style="list-style-type: none"> 1. Describe nursing assistant role and responsibilities in admission, transfer, discharge and assisting in physical exams. 2. Perform tasks of admission, transfer, discharge and assisting in physical exams.
Pre- and post-op care: wound care and pressure ulcers	10	<ol style="list-style-type: none"> 1. Identify role of nursing assistants in pre- and post-op care. 2. Demonstrate techniques to prevent pressure ulcers.
Nervous system: various health disorders	5	<ol style="list-style-type: none"> 1. Explain nursing assistant role in the care of various health disorders.
Mental health disorders: dementia, developmental disabilities and Alzheimer's	20	<ol style="list-style-type: none"> 1. Identify characteristics of patients/residents with mental illnesses, dementia, Alzheimer's and developmental disabilities. 2. Describe appropriate care for persons with mental illness, dementia, Alzheimer's and developmental disabilities.
End of life care	6	<ol style="list-style-type: none"> 1. Distinguish psychological and physical care for a dying patient/resident 2. Determine appropriate care for a dying patient/resident. 3. Describe needs of family during the dying process.

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COURSE OUTCOMES*		At the successful completion of this course, students will be able to:
Course Outcome 1	Communicate effectively in the healthcare environment through the proper use of verbal and written techniques as a nursing assistant.	
Course Outcome 2	Perform basic nursing skills competently.	
Course Outcome 3	Perform personal care skills competently.	
Course Outcome 4	Perform basic restorative skills competently.	
Course Outcome 5	Provide mental health and social skills.	

Course Outcome 6	Provide resident rights.
Primary Laker Learning Competency	Communication: Students communicate through the exchange of information.
Secondary Laker Learning Competency	Critical Thinking: Students connect knowledge from various disciplines to formulate logical conclusions.

**Course and program outcomes will be used in the software for outcomes assessment and should include at least 1 primary and 1 secondary Laker Learning Competency. Limit to 3-5.*