

8/16/2022 DATE



REQUIRED COURSE



ELECTIVE COURSE

Business DIVISION



NEW COURSE



REVISION

Lake Land College

Course Information Form

COURSE NUMBER:	EST-043		TITLE: (30 Characters Max)		Esthetics III						
SEM CR HRS:	6.5	Lecture:	5		Lab:	5	SOE/ Internship:		0	ECH:	10
Course Level:	<input type="checkbox"/> Gen Ed / IAI <input type="checkbox"/> Baccalaureate /Non-IAI		<input checked="" type="checkbox"/> Career/Technical <input type="checkbox"/> Dev Ed/ Not in Degree Audit		Clinical Practicum:	0	SOE/ Internship:		0	SOE ECH:	0
COURSE PCS #	12		IAI Code				Contact Hours Per Week				
Repeatable (Y/N):	Y	Pass/Fail (Y/N):	N	Variable Credit (Y/N):	N	Min:	Max:	16 Wks	500	8 wks	1000
Prerequisites:	EST-041; EST-042										
Catalog Description: (40 Word Limit)	This course is designed to introduce the esthetician to facial massage techniques, hair removal, make-up application, basic facials and other skin treatments.										

List the Major Course Segments (Units)	Contact Lecture Hours	Contact Lab Hours	Clinical Practicum	Non-Clinical Internship/ SOE
Techniques and Facial Massage	15	15		
Hair Removal	15	10		
Make-up Application	15	15		
Basic Facials	15	15		
Skin Treatments	15	20		
TOTAL	75	75	0	0

EVALUATION			
QUIZZES <input checked="" type="checkbox"/>	EXAMS <input checked="" type="checkbox"/>	ORAL PRES <input type="checkbox"/>	PAPERS <input type="checkbox"/>
LAB WORK <input checked="" type="checkbox"/>	PROJECTS <input checked="" type="checkbox"/>	COMP FINAL <input checked="" type="checkbox"/>	OTHER <input type="checkbox"/>

COURSE MATERIALS	
TITLE:	Milady's Standard Esthetics Fundamentals & Foundation Topics (2 books)
AUTHOR:	various
PUBLISHER:	Cengage Learning
VOLUME/EDITION/URL:	12th Edition
COPYRIGHT DATE:	2019

MAJOR COURSE SEGMENT	HOURS	LEARNING OUTCOMES
		The student will be able to:
Facial Massage Techniques	30	Discuss the history of massage. Explain the physiological effects and benefits of massage. Explain the psychological effects and benefits of massage. Demonstrate the various massage techniques.
Hair Removal	25	Discuss temporary hair removal methods. Demonstrate temporary hair removal methods. Discuss permanent hair removal methods.
Make-up Application	30	Explain the proper application of basic and advanced makeup techniques. Demonstrate draping and application procedures. Perform proper application for correcting flaws in facial features.
Basic Facials	30	Demonstrate how to properly drape a client. Select the facial products appropriate for each skin type. Discuss the importance of maintaining contract with the client and using appropriate pressure. Demonstrate massage direction for the muscles. Perform a basic facial, including hand and arm massage.
Skin Treatments	35	List the most common skin treatments. Analyze the skin using the mag lamp or Woods lamp. Apply products and perform the procedure for the various skin treatments. Discuss post-treatment care for the client.
Insert New Line Above this Line		

COURSE OUTCOMES*	At the successful completion of this course, students will be able to:
	Demonstrate massage techniques accurately and efficiently.
	Demonstrate the procedure of hair removal through eyebrow or lip waxing.
	Demonstrate a basic facial with a hand and arm massage technique.

* Course Outcomes will be used in the Assessment Software for Outcomes Assessment. Limit to 3 - 5.