

7/25/2025

DATE

REQUIRED COURSE

ELECTIVE COURSE

SSE DIVISION
 NEW COURSE
 REVISION

Lake Land College

Course Information Form

COURSE NUMBER:	HED-272		TITLE: (30 Characters Max)			Health Citizenship							
SEM CR HRS:	3.0	Lecture:	3.0		Lab:	0.0	ICCB Lab:	0.0	ECH:	3.0			
Course Level:	<input type="checkbox"/> Gen Ed/IAI <input checked="" type="checkbox"/> Baccalaureate/Non-IAI		<input checked="" type="checkbox"/> Career/Technical <input type="checkbox"/> Dev Ed/Not in Degree Audit			Clinical Practicum:	0.0	Work-based Learning:	0.0	WBL ECH:	0.0		
Course PCS & CIP:	11 - 51.2201		IAI Code:		N/A			Contact Hours (Minutes/Week)					
Repeatable (Y/N):	N	Pass/Fail (Y/N):	N	Variable Credit (Y/N):	N	Min:		Max:		16 Wks	150	8 Wks	300
Prerequisites:	None												
Corequisites:	None												
Catalog Description: (40 Word Limit)	Explores personal and community roles in promoting health equity, preventive care and civic engagement in public health issues. Develops skills for informed decision-making and advocacy in diverse populations.												

List the Major Course Segments (Units)	Contact Lecture Hours	Contact Lab Hours	Clinical Practicum	Work-based Learning
Foundations of health citizenship	5			
Health equity and social determinants	6			
Preventive care and wellness	6			
Public health systems and policies	5			
Civic engagement in health advocacy	6			
Health literacy and decision-making	6			
Community health initiatives	5			
Global health and cultural competence	6			
TOTAL	45	0	0	0

EVALUATION

QUIZZES <input checked="" type="checkbox"/>	EXAMS <input type="checkbox"/>	ORAL PRES <input type="checkbox"/>	PAPERS <input checked="" type="checkbox"/>
LAB WORK <input type="checkbox"/>	PROJECTS <input checked="" type="checkbox"/>	COMP FINAL <input type="checkbox"/>	OTHER <input type="checkbox"/>

COURSE MATERIALS

TITLE:	Instructor Resources
AUTHOR:	
PUBLISHER:	
VOLUME/EDITION/URL:	
COPYRIGHT DATE:	

MAJOR COURSE SEGMENT	HOURS	LEARNING OUTCOMES
		<i>The student will be able to:</i>
Foundations of health citizenship	5	1. Define core concepts of health citizenship and its role in personal and societal well-being. 2. Trace the historical development of health citizenship movements and their impact on modern practices.
Health equity and social determinants	6	1. Identify key social determinants of health and their influence on disparities across populations.
Preventive care and wellness	6	1. Develop a personalized wellness plan incorporating lifestyle modifications for long-term health.
Public health systems and policies	5	1. Evaluate the effectiveness of specific public health policies in promoting population health.
Civic engagement in health advocacy	6	1. Demonstrate techniques for effective health advocacy through role-playing and simulations.

Health literacy and decision-making	6	1. Assess sources of health information for reliability and relevance using established criteria.
Community health initiatives	5	1. Design a community-based health initiative tailored to a specific population's needs.
Global health and cultural competence	6	1. Compare major global health challenges and international responses across regions.
	45	

Outcomes*	Outcome Title	At the successful completion of this course, students will be able to:
Course Outcome 1	Health Citizen Princ	Apply health citizenship principles to advocate for equitable community health.
Course Outcome 2	Social Determinants	Evaluate social determinants to promote informed health decisions.
Primary Laker Learning Competency	Global & Cultural Literacy: Students distinguish that society is a culturally diverse and global environment with differing opinions, practices and ideas.	
Secondary Laker Learning Competency	Critical Thinking: Students connect knowledge from various disciplines to formulate logical conclusions.	

**Course and program outcomes will be used in the software for outcomes assessment and should include at least 1 primary and 1 secondary Laker Learning Competency. Limit to 3-5.*