

10/9/2024 DATE  
☐ REQUIRED COURSE  
☒ ELECTIVE COURSE

SSE DIVISION  
☒ NEW COURSE  
☐ REVISION

## Lake Land College

### Course Information Form

COURSE NUMBER:	HSP-167	TITLE: (30 Characters Max)		Substance Use Treatment							
SEM CR HRS:	3	Lecture:	2.5	Lab:	1			ECH:	3.5		
Course Level:	<input type="checkbox"/> Gen Ed/IAI <input checked="" type="checkbox"/> Baccalaureate/Non-IAI		<input type="checkbox"/> Career/Technical <input type="checkbox"/> Dev Ed/Not in Degree Audit		Clinical Practicum:	0	Work-based Learning:	0	WBL ECH:	0	
COURSE PCS #	11 - 44.0000		IAI Code		N/A		Contact Hours (Minutes/Week)				
Repeatable (Y/N):	N	Pass/Fail (Y/N):	N	Variable Credit (Y/N):	N	Min:	Max:	16 Wks	175	8 Wks	350
Prerequisites:	HSP-065										
Corequisites:	None										
Catalog Description: (40 Word Limit)	This course introduces students to the ASAM criteria for evidence-based treatments of various types of addiction. Practicing a variety of treatment theories and approaches, the course discusses disease concepts; differences between evidence, screening, and assessment; and use of assessment instruments.										

List the Major Course Segments (Units)	Contact Lecture Hours	Contact Lab Hours	Clinical Practicum	Work-based Learning
Introduction to substance use disorders and treatment	6			
Historical and current societal perspectives of substance abuse	6			
Co-occurring substance abuse and mental health issues	8			
Addiction theories and counseling models	6			
Screening, assessment instruments and treatment plans	9.5	5		
Counseling skills for the change process	2	10		
TOTAL	37.5	15	0	0

EVALUATION			
QUIZZES <input checked="" type="checkbox"/>	EXAMS <input checked="" type="checkbox"/>	ORAL PRES <input type="checkbox"/>	PAPERS <input checked="" type="checkbox"/>
LAB WORK <input type="checkbox"/>	PROJECTS <input checked="" type="checkbox"/>	COMP FINAL <input type="checkbox"/>	OTHER <input checked="" type="checkbox"/>

COURSE MATERIALS	
TITLE:	Substance Abuse Counseling
AUTHOR:	Judith A. Lewis, Robert Q. Dana, and Gregory A. Blevins
PUBLISHER:	Cengage Learning
VOLUME/EDITION/URL:	6th edition
COPYRIGHT DATE:	2018

TITLE:	The Addiction Treatment Planner
AUTHOR:	Robert R. Perkinson, David J. Berghuis, and Timothy J. Bruce
PUBLISHER:	Wiley
VOLUME/EDITION/URL:	5th edition
COPYRIGHT DATE:	2014

TITLE:	The ASAM Criteria: Treatment Criteria for Addictive, Substance-related, and Co-occurring Conditions
AUTHOR:	American Society of Addiction Medicine
PUBLISHER:	Change Companies
VOLUME/EDITION/URL:	4th edition
COPYRIGHT DATE:	2023

MAJOR COURSE SEGMENT	HOURS	LEARNING OUTCOMES
		<i>The student will be able to:</i>
Introduction to substance use disorders and treatment	6	1. Outline potential factors associated with substance abuse that affect multiple dimensions of health. 2. Describe the psychological characteristics of drug misuse and abuse. 3. Explain the importance of substance abuse counseling services in communities.
Historical and current societal perspectives of substance abuse	6	1. Explain historical and current perspectives on substance use and treatment. 2. Analyze current substance abuse trends and the potential legal implications.

Co-occurring substance abuse and mental health issues	8	1. Identify resources to assist clients with reported, co-occurring substance use disorders and mental health issues to ensure proper treatment and resource and referral. 2. Recommend appropriate referrals to outpatient, detoxification, residential and self-help groups.
Addiction theories and counseling models	6	1. Apply evidence-based practices, using counseling theories, frameworks and models (e.g., biopsychosocial model, relapse prevention models, group counseling models, family recovery models, etc.)
Screening, assessment instruments, and treatment plans	14.5	1. Perform proper client intake procedures. 2. Perform biopsychosocial interviews/assessments, including significant life areas, self-harm risk, cultural needs and supports, problem domains, and readiness for change. 3. Analyze assessment instruments to determine appropriate treatment and counseling plans. 4. Review substance abuse treatment plans with clients.
Counseling skills for the change process	12	1. Practice statutory compliance with print and electronic health records, HIPAA and privacy issues. 2. Explain the code of ethics between client and counselor. 3. Follow evidence-based counseling practices when working with individuals and groups. 4. Assist in the facilitation of a support group such as Alcoholics Anonymous, Al-Anon, Ala-Teen, Narcotics Anonymous, and Nar-Anon.
52.5		

Outcomes	At the successful completion of this course, students will be able to:
Course Outcome	Identify assessment instruments to determine appropriate treatment and counseling plans
Course Outcome	Develop a substance abuse treatment plan
Primary Laker Learning Competency	Information & Technology Literacy: Students not only identify when information is necessary, but they also find, evaluate and use that information effectively with the appropriate technological tools.
Secondary Laker Learning Competency	Professional Skills & Ethics: Students demonstrate professional business skills and ethical accountability.

\*Course and program outcomes will be used in the software for outcomes assessment and should include at least 1 primary and 1 secondary Laker Learning Competency. Limit to 3-5.