	6/13/2023	DATE
		REQUIRED COURSE
V		ELECTIVE COURSE

SSE		DIVISION
		NEW COURSE
	✓	REVISION

Lake Land College

Course Information Form

COURSE NUMBER:		PED-172 TITLE: (30 Characters Max) Bas		Basic Activities for Elementary and Secondary Child								
SEM CR HRS:	2	Lecture:		2			Lab:	0			ECH:	2
Course Level:		Gen Ed / IAI Baccalaureate /Non-IAI		[/] Technical / Not in Degree Audit	Clinic	al Practi	cum:	0	SOE/ Internship:	0	SOE ECH:	0
COURSE PCS #		11 13.1202		IAI Code					Conta	ict Hours (M	inutes Per W	/eek)
Repeatable (Y/N):	Ν	Pass/Fail (Y/N):	N	Variable Credit (Y/N):		Min:		Max:	16 Wks	100	8 wks	200
Prerequisites:												
Catalog Description: (40 W Limit)		Focuses on games and activ games for secondary level.	ities and e	lementary and secondary leve	el inclu	ding bod	y mecha	anics, b	asic exercises an	d rhythms.	Includes	team

List the Major Course Segments (Units)	Contact Lecture Hours	Contact Lab Hours	Clinical Practicum	Non-Clinical Internship/ SOE
Purpose of Physical Education and Goals	2			
Characteristics of Growth and Development	2			
Activities and Games for Elementary Students	4			
Stunts and Tumbling Activities	4			
Team Sports for Secondary Level	6			
Dance Movements and Dance Activities	4			
Conducting Physical Education in the Classroom	2			
Preparation of Lesson Plans	2			
Legal Liability and Proper Care of Students	4			
TOTAL	. 30	0	0	0

		EVALUATION		
QUIZZES 🗸	EXAMS 🗹	ORAL PRES	PAPERS 🗹	
LAB WORK 🗆	PROJECTS ✓	COMP FINAL	OTHER	

COURSE MATERIALS			
TITLE: Children Moving – A Reflective Approach to Teaching P.E.			
AUTHOR:	George Graham, Shirley Ann Holt-Hale, Melissa Parker		
PUBLISHER:	McGraw-Hill		
VOLUME/EDITION/URL:	9th		
COPYRIGHT DATE:	2013		

MAJOR COURSE SEGMENT	HOURS	LEARNING OUTCOMES
		The student will be able to:
Purpose of Physical Education & Goals	2	Student will be able to identify the goals and objectives of Physical Education.
Characteristics of Growth & Development	2	Student will be able to identify characteristics of K-4 in motor, growth, social and intellectual development.
Activities & Games for Elementary Students	4	Student will be able to teach various activities; running, tag, simple ball, relays, and classroom games at the elementary level.
Stunts and Tumbling Activities	4	Student will be able to lead groups in level 1, level 2, and level 3 in stunt and tumbling activities
Team Sports for Secondary Level	6	Student will learn rules, presentation of team games, organize various types of tournaments, and prepare term paper on a team sport.
Dance Movement and Dance Activities	4	Student will learn various fundamental rhythms, creative rhythms and folk dances, and be able to teach level 1, level 2, and level 3 dances.

Conducting Physical Education in the Classroom		Student will learn the logistics of Physical Education in the classroom.
Preparation of Lesson Plans		Student will be able to prepare lesson plans weekly, monthly, and yearly.
Legal Liability and Proper Care of Students	4	Student will learn common defenses against negligence, areas of responsibility, and personal protection against the effects of lawsuits.
	30	

COURSE OUTCOMES*	At the successful completion of this course, students will be able to:
	• Each student will be able to identify standardized goals for elementary physical education students.
	, v
	Students will learn game rules, tournament procedures and class set up which they will demonstrate in mock teaching settings.

^{*} Course Outcomes will be used in the Assessment Software for Outcomes Assessment. Limit to 3 - 5.