|   | 6/13/2023 | DATE            |
|---|-----------|-----------------|
| 7 |           | REQUIRED COURSE |
|   |           | ELECTIVE COURSE |

| SSE |   | DIVISION   |
|-----|---|------------|
|     |   | NEW COURSE |
|     | 1 | REVISION   |

## Lake Land College Course Information Form

| COURSE NUMBER:                       |              | PED-183   |   |   | TITLE: (30 Characters Max)      |        | Introd     | roduction to Physical Education |      |                     |              |              |       |
|--------------------------------------|--------------|---|---|---|---------------------------------|--------|------------|---------------------------------|------|---------------------|--------------|--------------|-------|
| SEM CR HRS:                          | 3            | Lecture:  |   |   | 3                               |        |            | Lab:                            | 0    |                     |              | ECH:         | 3     |
| Course Level:                        |              | Gen Ed / IAI<br>Baccalaureate /Non-IAI  | _ | , | echnical<br>Not in Degree Audit | Clinio | cal Practi | cum:                            | 0    | SOE/<br>Internship: | I ∩          | SOE<br>ECH:  | 0     |
| COURSE PCS #                         |              | 11 31.0501  |   |   | IAI Code                        |        |            |                                 |      | Conta               | act Hours (M | inutes Per W | /eek) |
| Repeatable (Y/N):                    | Ν            | Pass/Fail (Y/N):  |   | Ν | Variable Credit (Y/N):          |        | Min:       |                                 | Max: | 16 Wks              | 150          | 8 wks        | 300   |
| Prerequisites:                       |              |   |   |   |                                 |        |            |                                 |      | ·                   |              |              |       |
| Catalog Description: (40 W<br>Limit) | <b>V</b> ord | ocuses on the general scope, purpose, history, growth, and development of Physical Education. |   |   |                                 |        |            |                                 |      |                     |              |              |       |
|                                      |              |   |   |   |                                 |        |            |                                 |      |                     |              |              |       |

| List the Major Course Segments (Units)                                  | Contact<br>Lecture<br>Hours | Contact Lab<br>Hours | Clinical<br>Practicum | Non-Clinical<br>Internship/ SOE |
|---|-----------------------------|----------------------|-----------------------|---------------------------------|
| Nature and Scope of Physical Education and Sport                        | 12                          |                      |                       |                                 |
| Foundations of Physical Education and Sport                             |                             |                      |                       |                                 |
| Careers and Professional Considerations in Physical Education and Sport | 11                          |                      |                       |                                 |
| Issues, Challenges, and the Future of Physical Education and Sport      |                             |                      |                       |                                 |
| TOTAL   | 45                          | 0                    | 0                     | 0                               |

|           |            | EVALUATION |        |   |
|-----------|------------|------------|--------|---|
| QUIZZES 🗹 | EXAMS 🗹    | ORAL PRES  | PAPERS | 7 |
| LAB WORK  | PROJECTS ☑ | COMP FINAL | OTHER  |   |

|                     | COURSE MATERIALS                                     |  |
|---------------------|--|--|
| TITLE:              | Foundations of Physical, Exercise Science, and Sport |  |
| AUTHOR:             | Deborah A. Wuest, Charles A Bucher                   |  |
| PUBLISHER:          | McGraw Hill  |  |
| VOLUME/EDITION/URL: | 18th   |  |
| COPYRIGHT DATE:     | 2015   |  |

| MAJOR COURSE SEGMENT   | HOURS | LEARNING OUTCOMES  |
|--|-------|--|
|  |       | The student will be able to:   |
| Nature and Scope of Physical Education and Sport                           | 12    | To provide the student Education and Sport with an orientation to physical education and sport.        |
| Foundations of Physical Education and Sport                                | 12    | To present the student with the historical and scientific foundations of physical education and sport. |
| Careers and Professional Considerations in Physical Education and<br>Sport |       | Inform the student of professional considerations such as career opportunities within the field.       |
| Issues, Challenges, and the Future of Physical Education and Sport         | 10    | To explore issues and challenges confronting professionals past, present, and future.                  |
|  | AE.   |  |

| COURSE OUTCOMES* | At the successful completion of this course, students will be able to:   |
|------------------|--|
|                  | The student will be able to define Physical Education.   |
|                  | • The student will be able to define rhysical Education.   |
|                  | • The student will be able to identify the sub-disciplines within the profession of Physical Education.                              |
|                  | • The student will gain a body of knowledge to build a foundation upon which he/she can establish a career in Physical Education and |
|                  | related fields.  |

<sup>\*</sup> Course Outcomes will be used in the Assessment Software for Outcomes Assessment. Limit to 3 - 5.