

6/13/2023 DATE

☐ REQUIRED COURSE
☐ ELECTIVE COURSE

SSE _____ DIVISION _____
☐ NEW COURSE
☐ REVISION

Lake Land College

Course Information Form

COURSE NUMBER:		PSY-272		TITLE: (30 Characters Max)		Intimate & Family Relationships											
SEM CR HRS:		3		Lecture:		3		Lab:		0		ECH:		3			
Course Level:		<input type="checkbox"/> Gen Ed / IAI <input checked="" type="checkbox"/> Baccalaureate /Non-IAI		<input type="checkbox"/> Career/Technical <input type="checkbox"/> Dev Ed/ Not in Degree Audit		Clinical Practicum:		0		SOE/ Internship:		0		SOE ECH:		0	
COURSE PCS #		12 45.1101		IAI Code								Contact Hours (Minutes Per Week)					
Repeatable (Y/N):		N		Pass/Fail (Y/N):		N		Variable Credit (Y/N):		Min:		Max:		16 Wks		150	
8 wks		300															
Prerequisites:																	
Catalog Description: (40 Word Limit)		Examines how intimate relationships are formed maintained and how they sometimes fail. Theory, research methods and research on attraction, parenthood, multigenerational families, communication, interdependency, love, sexuality, conflict, power and violence. Explores the changing views of sexuality, families and marriage.															

List the Major Course Segments (Units)	Contact Lecture Hours	Contact Lab Hours	Clinical Practicum	Non-Clinical Internship/ SOE
Exploring Relationships & Family Choices in a Changing Society	4			
Research Methods	4			
Diversity I Gender Identity & Our Sexual Selves	5			
Choosing a Partner & Lifestyle Options	6			
Working and Parenting in a Diverse Society	4			
Communication in Relationships	5			
Power and Violence in Families	4			
Family Stress, Crisis and Family resilience	5			
Dissolution and Restructuring Families	4			
Aging & Multigenerational Families	4			
TOTAL	45	0	0	0

EVALUATION			
QUIZZES <input checked="" type="checkbox"/>	EXAMS <input checked="" type="checkbox"/>	ORAL PRES <input type="checkbox"/>	PAPERS <input type="checkbox"/>
LAB WORK <input type="checkbox"/>	PROJECTS <input type="checkbox"/>	COMP FINAL <input type="checkbox"/>	OTHER <input checked="" type="checkbox"/>

COURSE MATERIALS	
TITLE:	Marriages, Families, and Relationships
AUTHOR:	Lemanna, M.A., Riedmann, A & Stewart, S
PUBLISHER:	Cengage
VOLUME/EDITION/URL:	13th
COPYRIGHT DATE:	2018

MAJOR COURSE SEGMENT	HOURS	LEARNING OUTCOMES
		<i>The student will be able to:</i>
Exploring Relationships & Family Choices in a Changing Society	4	Explain why researchers and policy makers need to define family and how families provide individuals with a place to belong.
		Explain why there is no typical American family, the diverse nature of family and the various society-wide structural conditions that impact families.
		Discuss making informed life course decisions.
		Demonstrate reasons for cultural tension between familistic and individualistic values.
		Identify families worldwide and discuss how global situations and events impact family in the United
Research Methods	4	Demonstrate the difference between scientific knowledge and knowledge gained from personal
		Discuss various theoretical perspectives on families, noting their main contributions and critiques.
		Describe why rules for research are essential to scientific endeavors.

		Discuss the most common data-gathering techniques.
		Describe ethical principles associated with scientific research.
		Recognize that research on families is conducted by social scientists across the globe.
Diversity in Gender Identity and Our Sexual Selves	5	Distinguish between the concepts of sex and gender.
		Discuss that gender identity is no longer binary and issues surrounding transgender identity.
		Describe how historical periods have influenced gender and the women's and men's movements worldwide.
		Explain ways in which gender attitudes and norms are socialized and internalized.
		Explain ways gender identity is dramatically changing.
		Describe the different ways one's sexual identity is developed and expressed.
		Explain the interpersonal exchange model of sexual satisfaction and the interactionist perspective on human sexuality.
		Describe how events of several historical periods influenced our understanding of sexuality.
		Compare sexual values for people in committed and noncommitted relationships.
		Discuss trends in technology, pornography and infidelity and how they affect intimate relationships.
		Understand how politics affects sexuality and sexual expression.
Choosing a Partner and Lifestyle Options	6	Discuss the various ways of defining love and describing different models of love.
		Compare arranged and free-choice marriages.
		Define assortative mating and the process of finding a committed partner.
		Describe dating from early adolescence to adulthood.
		Describe how technology has changed dating relationships.
		Discuss ways of nurturing committed relationships.
		Discuss the current statistical trends and reason for the increasing proportion of singles in the United States.
		Compare cultural cohabitation practices.
		Explain how financial concerns affect cohabitation.
		Analyze the general findings regarding outcomes for children in cohabiting families.
		Discuss ways singles can promote and maintain supportive social networks.
		Analyze the value and changing attitudes Americans place on marriage.
		Describe the marriage premise and its components, including permanence and expectations of fidelity.
		Explain why marriage ceremonies have been historically public rather than private.
		Discuss the legality of same-sex marriages globally.
		Describe the debate between scholars and policy makers regarding change versus decline of marriage.
		Describe some research-established benefits of marriage.
		Contrast the selection hypothesis versus the experience hypothesis regarding the benefits of marriage.
Working and parenting in a diverse society	4	Discuss fertility trends in the U.S. and the social and ethical implications of the choices we make.

		Discuss the considerations and options made when deciding about parenthood.
		Gain knowledge about parenting in the twenty-first century and the challenges associated with the transition in to parenthood.
		Discuss gender, social class, and diversity as it pertains to parenting.
		Discuss the role of work and its effect on the family unit.
Communication in relationships	5	Identify the characteristics of cohesive families as it pertains to communication.
		Identify the ten rules for successful relationships in regards to stress, coping, and conflict.
		Discuss John Gottman's research on couple communication and conflict management.
		Discuss gender differences and communication.
		Identify and discuss ten guidelines for working through conflict in positive ways.
Power and violence in families	4	Define what power is and discuss current research on couple power.
		Discuss family violence and the effects the violence has family members.
		Identify and discuss ways to stop family violence.
Family stress, crisis, and family resilience	5	Define family stress, crisis, and resilience.
		Discuss the theoretical perspectives on family stress and crises.
		Understanding what precipitates a family crisis and discuss types of family stressors.
		Discuss the theoretical model for adjustment and adaptation to family stress and crisis.
		Identify factors that can be used to meet crisis creatively.
Dissolution and restructuring families	4	Discuss divorce rates as they are today, why did the divorce rates rise throughout the twentieth century
		Identify and discuss alternatives to divorce.
		Discuss the process of getting a divorce.
		Identify and discuss the economic, social, and emotional consequences of divorce.
		Discuss child-custody issues and the parenting relationship after divorce.
Aging and Multigenerational Families	4	Describe the changing age structure in the United States and other industrialized countries.
		Discuss how diversity of family forms among the elderly can be expected to affect caring for them in
		Describe economic circumstances and issues faced by the elderly.
		Describe grandparent roles.
		Explain how gender affects caregiving.
		Discuss issues surrounding elder abuse and neglect.
		List some costs and benefits of caring for an elderly family member.
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45		

COURSE OUTCOMES*	At the successful completion of this course, students will be able to:
	<ul style="list-style-type: none"> Identify key features of satisfying and long lasting relationships.
	<ul style="list-style-type: none"> Identify key features that contribute to conflict in and dissolution of relationships.
	<ul style="list-style-type: none"> Comprehend the diversity in gender identity & sexuality.
	<ul style="list-style-type: none"> Demonstrate an understanding of interpersonal communication in intimate relationships.

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** Course Outcomes will be used in the Assessment Software for Outcomes Assessment. Limit to 3 - 5.*