

MASSAGE THERAPY

(CRT.MT) CERTIFICATE

The Massage Therapy program is designed to prepare the individual in all areas of massage. Massage therapy is physically demanding work. Students need to have good general health and the strength, stamina, and flexibility necessary to carry out assignments. Massage techniques and bodywork, anatomy, professionalism with clients, and business practices are included in the curriculum. In addition to tuition and fees, costs for the Massage Therapy program include: workbooks, massage supplies, table, clinical attire and the board exam/license fee.

Housed at the Lake Land College Kluthe Center for Higher Education and Technology in Effingham, Illinois, classes begin each fall semester and run for 4 consecutive semesters. Once admitted to the program, the student must progress through the courses corresponding to the curriculum model. A "C" grade is required in all Massage Therapy curriculum courses for progression/completion. Upon completion of the course, the student will receive a certificate and will be eligible to sit for Massage and Bodywork Licensing Examination (MBLEx).

Massage Therapy application requirements include admission to Lake Land College, completion of the Massage Therapy program application form (obtained from program website), and completion of the college placement assessment tests. To be considered a candidate, students must have an application file completed by July 1 for consideration for the fall semester.

See career track program Massage Therapy Track (CRT.MT.TRK) when selecting a major.

Program requirements may change over time. Specific degree/graduation requirements are determined by a degree audit.

[Download the Massage Therapy Selection Process Sheet and Checklist for complete application procedure](#)
[Click here to fill out an application for the Massage Therapy Program](#)

Gainful employment

For more information regarding related occupations, graduation rates and program costs, visit the [Gainful Employment information provided here](#).

FIRST YEAR

First Semester		Hours
MAS-055	Massage Therapy I * +	5.0
BIO-050	Basic Anatomy & Physiology	4.0
HED-178	Responding to Emergencies	2.0
SEMESTER TOTALS		11.0

Second Semester

MAS-065	Massage Therapy II * +++	5.0
MAS-060	A & P for Massage Therapist II * +++	4.0
MAS-067	Pathology/Massage Therapist +++	3.0
SEMESTER TOTALS		12.0

Summer Term

MAS-075	Massage Therapy III * ++++	5.0
MAS-077	Massage Clinic I * ++++	1.5
SEMESTER TOTALS		6.5

SECOND YEAR

First Semester		Hours
MAS-070	Ethics for Massage Therapist +	1.0
MAS-085	Massage Therapy IV * +	5.0
BUS-089	Small Business Management	3.0
MAS-087	Massage Clinic II * +	1.5
SEMESTER TOTALS		10.5

TOTAL PROGRAM HOURS

40.00

- * There are prerequisites, course requisites, or minimum placement test scores for this course.
- ** Electives must be approved by the Program Coordinator
- + Course only offered fall semester
- ++ Course only offered spring and summer semester
- +++ Course only offered spring semester
- ++++ Course offered in summer term only
- ^ SOS 050 Human Relations and PSY 271 Introduction to Psychology cannot be used as a social science elective
- ^^ Consult Academic Advisor for appropriate course
- ^^^ Course requires a 30-hour practicum experience in addition to classroom lecture hours
- ^^^^ ECE 120 and ECE 125 must be taken the same semester

* There are prerequisites, course requisites, or minimum placement test scores for this course.

- ** Electives must be approved by the Program Coordinator
- + Course only offered fall semester
- ++ Course only offered spring and summer semester
- +++ Course only offered spring semester
- ++++ Course offered in summer term only
- ^ SOS 050 Human Relations and PSY 271 Introduction to Psychology cannot be used as a social science elective
- ^^ Consult Academic Advisor for appropriate course
- ^^^ Course requires a 30-hour practicum experience in addition to classroom lecture hours
- ^^^^ ECE 120 and ECE 125 must be taken the same semester