



WELCOME TO LAKE LAND COLLEGE

Dear Visitors:

Welcome to Lake Land College. It is my hope that your stay with us is enjoyable and that you feel completely at home. Our staff will do what we can to accommodate your team and you while you're here.

All players, coaches, officials and spectators are welcome at our contests. We expect everyone to demonstrate respect, integrity and responsibility while on our campus. This creates a positive environment in which the student-athletes may participate, the officials may work, and the spectators may enjoy the event.

As student-athletes, coaches, event staff and fans, we are dedicated to representing Lake Land College, the NJCAA and the GRAC Conference in a responsible and considerate manner at all times.

This package is designed specifically to assist you in planning for your upcoming trip to Lake Land College. Please feel free to contact us if you have any questions or require special accommodations.

Travel safely and good luck this season!

Sincerely,

Bill Jackson
Director of Athletics
217-234-5296
wjackson60312@lakelandcollege.edu



LAKE LAND COLLEGE

GENERAL INFORMATION

School Lake Land College
Address 5001 Lake Land Blvd, Mattoon, IL 61938
Athletics Office Phone 217-234-5333
Fax 217-234-5460
School Web Site lakelandcollege.edu/athletics
Enrollment 5,400
Nickname Lakers
Colors Black and Red
Founded 1966
President Dr. Josh Bullock

ARENAS AND FIELDS

Baseball and Softball Laker Field
Basketball and Volleyball Laker Field House

ATHLETIC STAFF AND ADMINISTRATION

President Dr. Josh Bullock
217-234-5222
jbullock@lakelandcollege.edu

Vice President for Student Services Beth Gerl
217-234-5250
bgerl@lakelandcollege.edu

Director of Athletics Bill Jackson
217-234-5296
wjackson60312@lakelandcollege.edu

Administrative Assistant of Fieldhouse Operations Bri Roberts
217-234-5333
wroberts52500@lakelandcollege.edu

Head Athletic Trainer Brian Morris
217-234-5374
bmorris17236@lakelandcollege.edu



COACHES

- Baseball.....Julio Godinez
217-234-5333
jgodinez@lakelandcollege.edu

- Basketball (Women’s)Dave Johnson
217-234-5446
djohnson@lakelandcollege.edu

- Basketball (Men’s).....Brandon Colvin
217-234-5294
bcolvin@lakelandcollege.edu

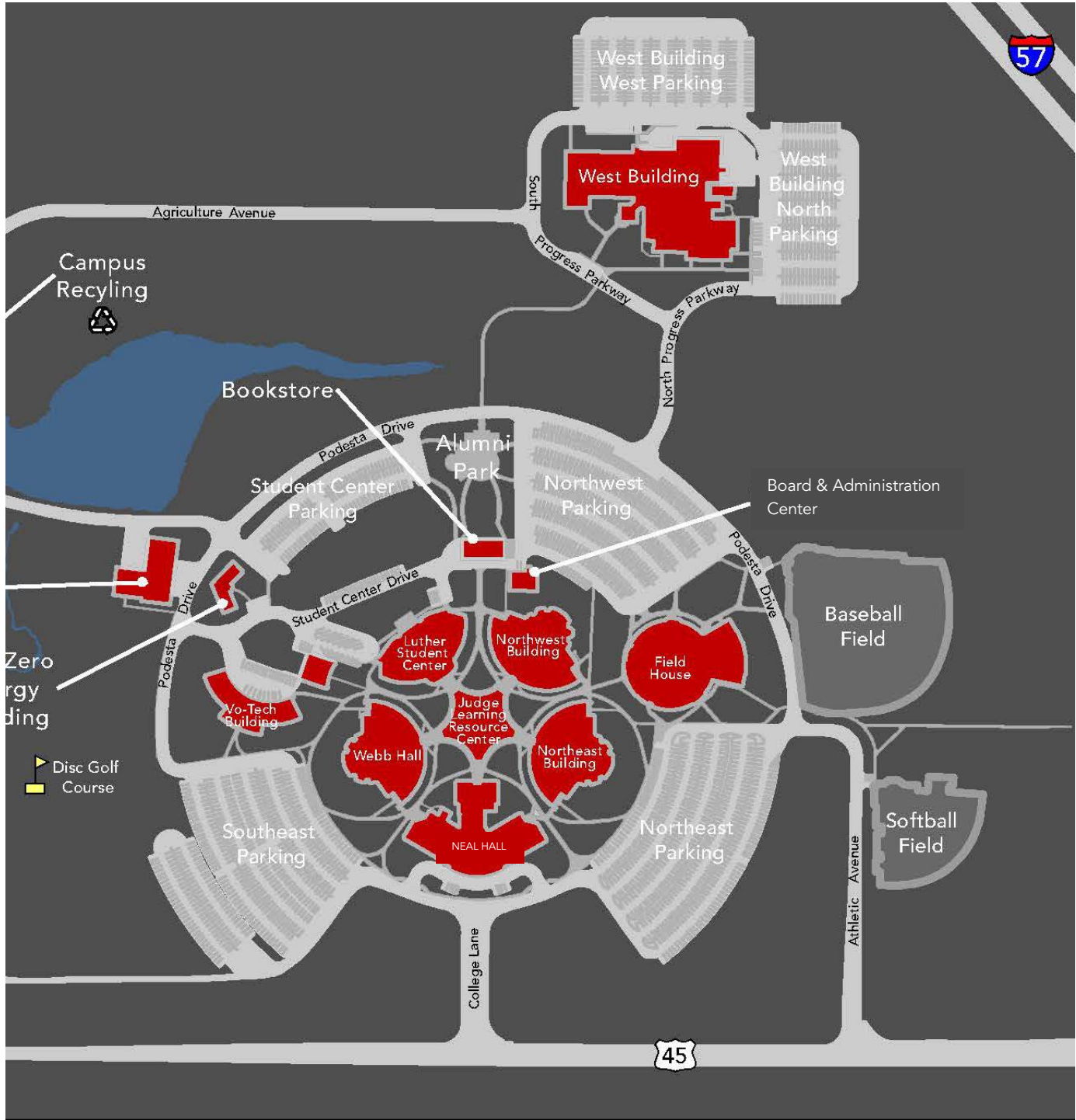
- Cheerleading.....Dessie Boeser
217-234-5068
dboeser@lakelandcollege.edu

- SoftballNic Nelson
217-234-5332
gnelson@lakelandcollege.edu

- Volleyball.....Ashli Wicker
217-234-5416
awicker1@lakelandcollege.edu



CAMPUS MAP





LAKE LAND COLLEGE
ATHLETIC TRAINING

LOCATION AND AVAILABILITY

The Lake Land College athletic training room is located in the north end of the Field House. A certified athletic trainer will be available on site for all home varsity contests. During events, the athletic trainer is available either on or near the Lakers team area.

If the visiting team trainer is unable to travel with the team, please let us know in advance and we will be pleased to assist your student athletes. Please provide your own taping materials as well as a written request from your athletic trainer or team physician for modality treatments that may be necessary.

GAME DAY SERVICES

The Lake Land College athletic training staff provides the following services in the athletic training room before and after contests (and during events, if needed) accompanied by the proper paperwork (see above):

- ♦ Electronic Modalities
- ♦ Cryotherapy (ice bags)
- ♦ Taping

The visiting bench or team area will be supplied with the following:

- ♦ Water
- ♦ Water bottles
- ♦ Cups

CONTACT INFORMATION

Training Room..... Field House
217-234-5374

Head Athletic Trainer Brian Morris
217-234-5374
bmorris17236@lakelandcollege.edu

Sarah Bush Lincoln Hospital 217-258-2525
Emergency Dept. – 217-258-2551
1000 Health Center Drive, Mattoon, IL



INTERNET/RADIO SERVICES

For visiting teams that have radio broadcasts for their contests, there is a hard line in the Fieldhouse. The number is 217-234-5076. During tournaments, we do suggest that you bring a cell phone hookup though.

AREA HOTELS

QUALITY INN & SUITES CONFERENCE CENTER

922 Paradise Road
Mattoon, IL 61938
217-235-0222

BAYMONT INN AND SUITES

206 McFall Road
Mattoon, IL 61938
217-234-2420

COMFORT SUITES

1408 E. Broadway
Mattoon, IL 61938
217-235-6745

HOLIDAY INN EXPRESS

121 Swords Drive
Mattoon, IL 61938
217-235-2060

HAMPTON INN

1416 E. Broadway
Mattoon, IL 61938
217-234-4267

DAYS INN

300 Broadway Ave
Mattoon, IL 61938
800-615-3107

SUPER 8

205 McFall Road
Mattoon, IL 61938
217-235-8888

SUITE DREAMS HOTEL

300 Broadway Ave East
Mattoon, IL 61938
217-234-8600s



AREA RESTAURANTS

ALAMO STEAK HOUSE

217-234-7337
700 Broadway Ave. E.
Mattoon, IL

ANGELO'S PIZZA

217-258-6066
1020 Lake Land Blvd. Mattoon, IL

ARBY'S

217-234-7035
815 Charleston Ave, Mattoon, IL

BAMCA

217-317-2015
808 Lake Land Blvd, Mattoon, IL

BRIAN'S PLACE

217-234-4151
3818 2100 Broadway Ave, Mattoon, IL

BUFFALO WILD WINGS

217-258-9464
124 Dettro Dr, Mattoon, IL

THE BURGER KING

217 -34-8122
1508 Charleston Ave, Mattoon, IL

CRACKER BARREL

217-234-9091
1101 Charleston Ave, Mattoon, IL

DAIRY QUEEN

217-235-0911
913 Charleston Ave, Mattoon, IL

DAIRY QUEEN

217-234-3644
320 N 19th St,
Mattoon, IL

FREDDY'S FROZEN CUSTARD & STEAKBURGERS

217-235-3820
917 Charleston Ave. E, Mattoon, IL

FUJIYAMA

217-234-7738
1320 Broadway Ave, Mattoon, IL

DON SOL MEXICAN GRILL

217-235-1139
230 Broadway Ave E, Mattoon, IL

DOWNTOWN DINER

217-234-7770
1626 Broadway Ave.
Mattoon, IL

MI TIERRITA

217-235-6566
808 Lake Land Blvd, Mattoon, IL

HARDEE'S

217-234-3845
1117 Lake Land Blvd, Mattoon, IL

JIMMY JOHN'S

217-258-6400
900 Charleston Ave, Mattoon, IL

JUMBO BUFFETT

217-234-8888
700 Broadway Ave, Mattoon, IL

**KFC**

217-234-6886

1000 Charleston Ave, Mattoon, IL

LONG JOHN SILVER'S

217-235-5354

1208 Charleston Ave, Mattoon, IL

LUIGI'S

217-234-2268

1610 Broadway Ave, Mattoon, IL

MCDONALD'S

217-235-3013

4212 Lake Land Blvd, Mattoon, IL

MCDONALD'S

217-235-6438

103 Dettro Dr. Mattoon, IL

MONICAL'S PIZZA

217-234-6442

815 Broadway Ave, Mattoon, IL

OSAKA SUSHI & STEAKHOUSE

217-234-6666

1412 Broadway Ave, Mattoon, IL

PAPA JOHN'S PIZZA

217-234-4744

801 Lake Land Blvd, Mattoon, IL

QQ BUFFET

217-258-8838

108 Dettro Dr., Mattoon, IL

SONIC DRIVE-IN

217-258-8012

601 Lake Land Blvd, Mattoon, IL

STADIUM GRILL

217-235-0499

102 Dettro Dr., Mattoon, IL

STEAK 'N SHAKE

217-235-1318

1400 Broadway Ave, Mattoon, IL

SUBWAY

217 258-7827

1502 Lake Land Blvd, Mattoon, IL

TACO BELL

217-235-1927

105 Swords Dr, Mattoon, IL

WENDY'S

217-258-6272

1209 Broadway Ave E, Mattoon, IL