

# LAKE LAND COLLEGE

## COLES COUNTY FOOD ASSISTANCE

### MATTOON AREA

1. **Laker Food Pantry** - Location: Luther Student Center  
Time: By appointment. 217-234-5276 or [suphoff@lakelandcollege.edu](mailto:suphoff@lakelandcollege.edu).
2. **Salvation Army** - Location: 1300 Richmond Ave. Mattoon, IL 61938  
Mon-Fri 10 a.m.-3 p.m. 217-235-3915 Requirements: resident of Coles, Cumberland, and Shelby counties; no ID required; sign self-attest sheet (proof of income is not required).
3. **Mattoon Christian Church** - Location: 221 N. 19th St. Mattoon, IL 61938  
Mon & Thur 12:30 p.m.-6 p.m. Tue 2:30 p.m.-7 p.m., Wed & Fri 2:30 p.m.-6:00 p.m. Sat 10 a.m.-12:00 p.m. Requirements: proof of ID; proof of residency; based on household size. Can come once every 30 days and proof of income not necessary.
4. **Catholic Charities**: Location: 4217 Dewitt Ave. Mattoon, IL 61938  
217-235-0420, Requirements: must reside and provide proof of address for Coles, Douglas, Edgar counties; based on household size. Can come every 30 days.

### CHARLESTON AREA

1. **Charleston Food Pantry** - Location: 990 W. State St. Charleston, IL 61920  
217-348-3030, Requirements: reside within Coles County, photo ID. Can visit every 30 days.
2. **Standing Stone Community Center** - Location: 201 N. 6th St. Charleston, IL 61920  
217-549-3378, Requirements: can come once a week; based on household size; sign a self-attest sheet.
3. **Open Door Program (ICCS)** – Location: 845 18th St. Charleston, IL 61920  
217-549-2987, Requirements: photo ID; proof of income; must reside in central Illinois, and crisis situation only (will provide enough food until food pantry opens).
4. **Soup Stop** - Location: 2125 Harrison Ave. Charleston, IL 61920  
217-345-7264, Lunches served Monday-Friday 11 a.m.-12:30 p.m.