

# Laker Food Pantry Shopping List

Please select the items desired:

## Canned Goods

- Veggies
- Beans
- Fruit
- Soup
  - with meat
  - no meat
- Canned Pasta (ravioli, etc.)
  - with meat
  - no meat
- Chicken
- Tuna

## Dry Goods

- Breakfast cereal
- Pasta
- Mac & Cheese
- Rice
- Peanut butter
- Jelly
- Crackers

## Other

- Snacks (cereal bars, snack packs)

## Student Information

Name: \_\_\_\_\_

Student ID: \_\_\_\_\_

Phone: \_\_\_\_\_

Text: \_\_\_\_\_

Food allergies: \_\_\_\_\_

Number in Household: \_\_\_\_\_

- Please check if you would like to receive a Laker Email or text if special items (baked goods, fresh produce) are available in the pantry.

Are there other foods or items you would like to see the pantry (non-perishable only)?

## Pick-Up Delivery Information

- Immediate need: Please contact Health Services to arrange pick-up at pantry.
- Next day delivery:
  - Campus location for delivery:
  - Time needed by:
  - Additional contact information for delivery (if different than student contact information above)
  - Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## Laker Food Pantry Contact Information:

Health Services  
Luther Student Center, room 512  
healthservices@lakelandcollege.edu  
217-234 -5276