

# Lake Land College

# Dental Hygiene Program

## Application Checklist & Inquiry Intent Packet

Complete the fillable document below. Type Only.

Student Name:

Student Lake Land Identification Number (ID):

Phone Number:

Mailing Address:

Lake Land College Email Address:

Personal Email Address:

Dear Prospective Student:

Thank you for your interest in the Dental Hygiene Program here at Lake Land College. Important information is contained in this packet. Please review, complete, and submit online all of the following information throughout the packet between August 1- March 1 in order to be considered for admission into the Dental Hygiene Program.

**To be considered for the Dental Hygiene Program, you must fill out and submit this form online between August 1-March 1.**

**Students will be notified by May 1<sup>st</sup> if they were accepted into the Dental Hygiene Program or were not accepted into the Dental Hygiene Program. There is not a waitlist.**

### Important Contacts

**Kristen Holsapple**, Director of the Dental Hygiene/Dental Hygiene Instructor  
North West Building, Room #022; (217) 234-5204  
kholsapple4086@lakelandcollege.edu

**Ashley Homann**, Dental Hygiene Administrative Assistant  
North West Building, Room #023; (217) 234-5201  
ahomann4557@lakelandcollege.edu

**Jennifer Melton**, Academic Counselor  
Luther Student Center, Room #430; (217) 234-5251  
jmelton52502@lakelandcollege.edu

Complete & Submit Online between August 1 – March 1 of the application year.

Check the boxes below to show completion.

- Complete a Laker Profile and submit the Intent to Enroll here at Lake Land College.
  - Select “AAS. DH. TRK” as the academic program. This will ensure the student is assigned a dental hygiene academic advisor. It will also generate a Laker email account; prospective students are expected to check this email account on a regular basis for Dental Hygiene Department correspondence.
  - Application and acceptance into Lake Land College does not automatically guarantee you admission into the dental hygiene program.
  - <https://www.lakelandcollege.edu/enroll/>
  
- Apply for the Special Admission Program
  - Students must complete this Dental Hygiene application and meet specific criteria to be admitted to a special admission program such as Dental Hygiene.
  - The application is available online at the Lake Land College website below. Receipt of this application will prompt the dental hygiene department to start a file and correspondence will begin.
  
- Send an official copy of all of your transcripts to Lake Land College Admissions & Records, 5001 Lake Land Blvd., Mattoon, IL 61938. Request transcripts that apply to you: high school transcripts with graduation date, GED transcript, and any college transcripts. For transfer students transferring credits from other colleges you must fill out a “Transcript Evaluation” request for “AAS. DH. TRK” from Admissions & Records Office to ensure courses that may qualify you are evaluated.
  - Call (217) 234-5434.
  - [admissions@lakelandcollege.edu](mailto:admissions@lakelandcollege.edu)
  
- Submit your ACT/SAT scores online through the ACT and SAT websites and/or take the college ACCUPLACER’s Assessment Placement Test.
  - ACT - <https://www.act.org/content/act/en/products-and-services/the-act/scores/sending-your-scores.html>
  - SAT - <https://collegereadiness.collegeboard.org/sat/scores/sending-scores>
  - Complete Lake Lands ACCUPLACER’s assessment test.
    - i. The placement test consist of math, reading and English. Exemption from the reading requirement may be obtained if you have earned 30 hours of college coursework in good standing from a regionally accredited college or university. To obtain this waiver, you must have an official transcript sent to Admissions and Records.
  - Call or email the Tutoring and Testing Center at (217) 234-5301 to schedule.

- Apply for financial aid by completing the FAFSA.
  - It is required that all students complete a FAFSA for the purposes of grants or loans. Lake Land College's code is 007644.
  - Call (217) 234-5217
  - financialaid@lakelandcollege.edu
  
- I understand that application and acceptance into Lake Land College does not guarantee a Registered Dental Hygiene (RDH) Licensure. An RDH license for Illinois is issued by the Illinois Department of Professional Regulation.
  
- I understand that there are some conditions for which the IDPR may refuse to issue a license (felony conviction). Licensure in other states: see specific requirements for that state. After acceptance and prior to official admission to the Lake land College Dental Hygiene Program, applicants are required to submit to a background check ordered through the programs' official vendor. If an applicant has a criminal history, they should contact the Illinois Department of Financial and Professional Regulation.
  
- I understand the following admission criteria and procedures are in accordance with Illinois law: in those years when there are more qualified applicants than spaces available in the program, admission is competitive and selective by use of an objective screening/formula approved by the department. This screening/forming includes total number of completed college hours, academic achievement in prerequisite courses, Lake Land College cumulative GPA, dental experience, and being a Lake Land College student.

Lake Land College Dental Hygiene Admissions Rubric

- On March 1, we start reviewing applicants and their files to determine students for fall admission. Admission scores are calculated utilizing the following rubric.
- All science courses must be taken within the last 5 years with a C or better.
- The following courses must be taken and completed prior to starting the Dental Hygiene Program; **\*CHM 111 Concepts of Chemistry, \*BIO 225 Anatomy & Physiology I, & \*BIO 235 Microbiology**  
\*Denotes perquisite

<p><b>Science Courses</b> Points earned based on grades for courses completed.</p> <p>_____ <b>*BIO225, Anatomy &amp; Physiology I</b> _____ <b>BIO226, Anatomy &amp; Physiology II</b> _____ <b>*BIO235, Microbiology</b> _____ <b>*CHM111, Concepts of Chemistry</b> <u>_____ /40 maximum points</u></p>	<p>A = 10 points B = 5 points C = 1 point D or below = 0 points Required C or better.</p>
<p><b>Support Courses</b> Points earned based on grades for courses completed.</p> <p>_____ <b>SOC280, Introduction to Sociology</b> _____ <b>PSY279, Human Development/Lifespan</b> _____ <b>ENG120, Composition I</b> _____ <b>COM111, Intro. to Speech</b> <u>_____ /20 maximum points</u></p>	<p>A = 5 points B = 3 points C = 1 point D or below = 0 points Required C or better.</p>
<p><b>Lake Land College Student</b> _____ Has earned 12 hours of credit at Lake Land College. <u>_____ /10 maximum points</u></p>	<p>10 points (all or nothing in point value)</p>
<p><b>Dental Experience</b> _____ Dental Assisting Certificate. _____ Dental experience for 6 months. _____ Health Occupation Dental experience for a semester including syllabus for approval. <u>_____ /15 maximum points</u></p>	<p>15 points (all or nothing in point value) The 15 points is only allowed for one Dental Experience. Must provide proof of dental experience: - Certificate - Letter from DDS/DMD on letterhead - Letter from Health Occupations Instructor</p>
<p><b>Total Number of Completed College Hours</b> <u>_____ /15 maximum points</u></p>	<p>30 or more = 15 points 15-29 = 10 points 1-14 = 2 points</p>
<p>_____ /100 points Total Score</p>	<p><b>Students want their score to be as close to 100 points as possible. The closer your points are to 100 the better chance you have getting into the Dental Hygiene Program.</b></p>

### Lake Land College Dental Hygiene Program Essential Functions

All students in the Lake Land College Dental Hygiene program must be able to perform diverse, complex, and specific functions and skills. Functional ability is a state of wellness. Therefore, these functions and skills are essential to ensure the health and safety of clients, peers, faculty, and other healthcare providers. The functions and skills include, but are not limited to, the following abilities:

#### Motor Skills

- Move within confined space
- Sit/stand & maintain balance for prolonged periods
- Reach above shoulders & below waist
- Sustain repetitive movement
- Sufficient motor function to elicit information from patients by palpation, percussion, & other assessment maneuvers

#### Critical Thinking Skills

- Identify cause and effect relationships
- Plan/control activities for others
- Synthesize knowledge & skills
- Sequence information

#### Physical Strength & Mobility

- Push or pull patients to ensure proper positioning
- Support patient during treatment, lift for transfer
- Move heavy objects, carry equipment/supplies
- Defend self against combative patients
- Use upper body strength
- Squeeze with hands
- Twist, bend, stoop, squat, climb
- Move quickly
- Physical endurance to complete a minimum 8 hour a day shift

#### Emotional Stability

- Establish therapeutic boundaries
- Provide patient with emotional support
- Adapt to rapidly changing environmental support
- Deal with unexpected (crisis), handle strong emotions
- Focus attention on tasks
- Perform multiple responsibilities concurrently
- Maintain behavior decorum in stressful situations
- Maintain adequate concentration & attention in patient care settings
- Maintain composure when subjected to high stress

#### Arithmetic Competence

- Read & understand columns of writing
- Read digital displays & graphics printouts
- Calibrate equipment
- Convert number to/from metric
- Read graphs
- Measure time, count rates
- Calculate medication dosages
- Use & read measuring tools

#### Fine Motor Skills

- Pick up/grasp small objects with hands
- Write with pen or pencil
- Keyboard/type (use a computer)
- Pinch/pick or otherwise work with fingers
- Twist Squeeze with finger

#### Sensory

- Visual & auditory acuity within normal range (with correction if needed) in order to observe a patient accurately at a distance & close at hand
- Auditory interpretation of normal speech
- Accurately interpret faint voices
- Auscultate body sounds
- Use depth perception & peripheral vision
- Accurately interpret small print on medication contains, syringes, discriminate color changes, read type at 8 font, & document mentation
- Accurately read monitors & equipment calibrations
- Detect odors
- Feel vibrations, differences in surface characteristics, sizes, shapes

#### Interpersonal Skills

- Negotiate interpersonal conflict
- Respect differences in patients
- Provide patient with emotional support
- Establish rapport with clients & co-workers
- Teach in an accurate & effective manner
- Report patient information
- The ability to use the English language to communicate effectively in a rational, coherent manner, both orally & in writing, with individuals of all professions & social levels.

#### Analytical Thinking Skills

- Transfer knowledge from one situation to another
- Problem solve & prioritize, evaluate outcomes
- Use short & long term memory
- Identify cyanosis, absence of respiration, & movements of patient rapidly & accurately
- Accurately process information on medication container, dentists/physicians orders, printed documents, medication administration/other medical documents

Frequently Asked Questions

1. When is the Dental Hygiene Application due?
  - a. March 1<sup>st</sup>. After March 1<sup>st</sup> we will select our next Dental Hygiene Class.
2. Do I need to reapply each year?
  - a. Yes, registration is open from August 1<sup>st</sup> through March 1<sup>st</sup> each year.
3. Where do I fill out my Dental Hygiene Application?
  - a. Online <https://www.lakelandcollege.edu/dental-hygiene-clinic/dental-hygiene-intent/>
4. When will I find out if I get into the Dental Hygiene Program?
  - a. We will notify students of admissions decision in May.
5. How can I improve my chances of gaining admission into the Dental Hygiene Program?
  - a. Study! The better your grades the more points you will accumulate.
6. What other courses can help me be successful in the Dental Hygiene Program?
  - a. AHE041 Medical Terminology
  - b. HED102 Nutrition
  - c. HED200 Principles of Health
  - d. HED270 Community Health
  - e. HED290 Disease Processes
7. Is there a waiting list?
  - a. The Dental Hygiene Program uses an objective, competitive admissions process. Each year, 28 applicants are accepted based on a point system. See Rubric.
8. Are there weekend or evening Dental Hygiene classes?
  - a. Each semester varies. Be prepared to work evenings and possible weekends. Be prepared to work 8+ hours a day.
9. What do I do if I am not accepted into the Dental Hygiene Program?
  - a. Study and retake courses to improve your letter grade. Consider gaining experience in the dental field. Contact Jennifer Melton for further information.
10. How long does the Dental Hygiene Program last?
  - a. 5 semesters
  - b. 22 months
  - c. Fall, Spring, Summer, Fall, Spring
11. Where is the Dental Hygiene Program offered?
  - a. The Dental Hygiene Program is offered on the main campus. Students will be assigned to clinical rotation sites off of campus depending on semester.

12. How often will I be in school?
- Students can expect to attend class/clinical 5 days a week, 8+ hours a day.
13. Should I work a part-time or full-time job while in the Dental Hygiene Program?
- The Dental Hygiene Program is very demanding of your time. We recommend being cautious with how many hours you devote outside of the program.
14. What is the student kit? How much is the student kit?
- The student kit includes all of your supplies while in the Dental Hygiene Program.
  - The student kit is purchased your first semester at the bookstore.
  - It cost approximately \$3000.00 and it is not included in your tuition.
15. How much do loupes cost? Are they mandatory?
- Approximately \$1,500 and it is not included in your tuition.
  - Yes they are mandatory and you will be fitted for them during your 1<sup>st</sup> semester in the Dental Hygiene Program.
16. How much does it cost to go to Andy RDH Board Review? Is it mandatory?
- Approximately \$500.00 dollars. It is not mandatory, but highly encouraged and recommended that students attend.
17. How much does the National Written Dental Hygiene Board Cost? Is it mandatory?
- Approximately \$500.00 dollars. Yes, it is mandatory.
18. How much does the Clinical Dental Hygiene Board cost? Is it mandatory?
- Approximately \$1,500.00 dollars. Yes, it is mandatory.
19. What is the total cost of the Dental Hygiene Program?
- In District Students – Approximately \$16,000 dollars.
  - Out of District Students (OOD) – Approximately \$25,000 dollars.
  - Out of State Students (OOS) – Approximately \$40,000 dollars.
20. Financial aid questions.
- E-mail, <https://www.lakelandcollege.edu/financialaid/>
  - Call (217) 234-5231
21. Perkins
- You may be eligible to receive assistant through the Perkins Program if you are enrolled in a Workforce Ready Program (Dental Hygiene)
  - To receive assistance from Perkins, you must first complete a Perkins Assistance application, meet with the Perkins Specialist and provide additional information such as your Lake Land College student ID, current class schedule and your class booklist.
  - Perkin student support can assist with the cost of your uniforms, name badges, tutoring, workbooks and textbook, tool loan/rental, learning supplies and access to additional resources.



- d. To begin the application process or for additional information concerning student support, please send an email to [perkins@lakelandcollege.edu](mailto:perkins@lakelandcollege.edu)
  - e. Applications are also available at [lakelandcollege.edu/perkins](http://lakelandcollege.edu/perkins) and Webb Hall 024.
22. C.E.F.S. Economic Opportunity Corporation
- a. C.E.F.S. is a not for profit Community Action Agency serving the Illinois counties of Christian, Clay, Effingham, Fayette, Montgomery, Moultrie, and Shelby. C.E.F.S. develops implements, and evaluates social service programs to assist economically and socially disadvantaged people in their quest for greater self-sufficiency.
  - b. Call (217) 342-2193 if you have any questions.
23. WIOA Workforce Innovation and Opportunity Act
- a. WIOA offers a comprehensive range of workforce development activities to help seekers and workers access employment, education, training, and support services to succeed.
  - b. Call (217) 342-2193 if you have any questions.
24. Where do I send my transcripts? Do they have to be official transcripts?
- a. Email, <https://www.lakelandcollege.edu/admissions/>
  - b. Call (217) 234-5434
  - c. Yes, your transcripts must be official.

# Thank You