

INSTRUCTIONS

Welcome to the Lake Land College Dental Hygiene Applications Process.

The Application Process is open from **August 1st- March 1st**.

Every year you **must resubmit** if you were **not** accepted the previous year into the Dental Hygiene Program.

Please review and submit the Dental Hygiene Application Packet Checklist below.

For the Dental Hygiene Application Packet Checklist, you will need to:

1. Download the packet to your computer
2. Complete the fillable areas within the packet
3. Save the packet to your computer
4. Email the packet to
 - a. ahomann4557@lakelandcollege.edu
 - b. kholesapple4086@lakelandcollege.edu

Lake Land College

Dental Hygiene Program

Application Checklist & Inquiry Packet

Complete the fillable document below. Type Only.

Student Name:

Student Lake Land Identification Number (ID):

Phone Number:

Mailing Address:

Lake Land College Email Address:

Personal Email Address:

Dear Prospective Student:

Thank you for your interest in the Dental Hygiene Program here at Lake Land College. Important information is contained in this packet. Please review, complete, and submit online all of the following information throughout the packet from August 1st- March 1st in order to be considered for admission into the Dental Hygiene Program.

**To be considered for the Dental Hygiene Program,
you must fill out and submit this form online from
August 1st-March 1st.**

**Students will be notified by May 1st if they were
accepted into the Dental Hygiene Program or were
not accepted into the Dental Hygiene Program.
There is no waitlist.**

<https://www.lakelandcollege.edu/dental-hygiene-clinic/dental-hygiene-intent/>

Important Contacts

Kristen Holsapple, Director of the Dental Hygiene/Dental Hygiene Instructor
North West Building, Room #022; (217) 234-5204
kholsapple4086@lakelandcollege.edu

Ashley Homann, Dental Hygiene Administrative Assistant
North West Building, Room #023; (217) 234-5201
ahomann4557@lakelandcollege.edu

Jennifer Melton, Academic Counselor
Luther Student Center, Room #430; (217) 234-5251
jmelton52502@lakelandcollege.edu

Complete & Submit Online from August 1st – March 1st of the application year.

Check the boxes below to show completion.

- Complete a Laker Profile and submit the Intent to Enroll here at Lake Land College.
 - Select “AAS. DH. TRK” as the academic program. This will ensure the student is assigned a dental hygiene academic advisor. It will also generate a Laker email account; prospective students are expected to check this email account on a regular basis for Dental Hygiene Department correspondence.
 - Application and acceptance into Lake Land College does not automatically guarantee you admission into the dental hygiene program.
 - <https://www.lakelandcollege.edu/enroll/>

- Apply for the Special Admission Program
 - Students must complete this Dental Hygiene application and meet specific criteria to be admitted to a special admission program such as Dental Hygiene.
 - The application is available online at the Lake Land College website below. Receipt of this application will prompt the dental hygiene department to start a file and correspondence will begin.
 - <https://www.lakelandcollege.edu/dental-hygiene-clinic/dental-hygiene-intent/>

- Send an official copy of all of your transcripts to Lake Land College Admissions & Records, 5001 Lake Land Blvd., Mattoon, IL 61938. Request transcripts that apply to you: high school transcripts with graduation date, GED transcript, and any college transcripts. For transfer students transferring credits from other colleges you must fill out a “Transcript Evaluation” request for “AAS. DH. TRK” from Admissions & Records Office to ensure courses that may qualify you are evaluated.
 - Call (217) 234-5434.
 - admissions@lakelandcollege.edu

- Submit your ACT/SAT scores online through the ACT and SAT websites and/or take the college ACCUPLACER’s Assessment Placement Test.
 - ACT - <https://www.act.org/content/act/en/products-and-services/the-act/scores/sending-your-scores.html>
 - SAT - <https://collegereadiness.collegeboard.org/sat/scores/sending-scores>
 - Complete Lake Lands ACCUPLACER’s assessment test.
 - i. The placement test consist of math, reading and English. Exemption from the reading requirement may be obtained if you have earned 30 hours of college coursework in good standing from a regionally accredited college or university. To obtain this waiver, you must have an official transcript sent to Admissions and Records.
 - Call or email the Tutoring and Testing Center at (217) 234-5301 to schedule.

- Apply for financial aid by completing the FAFSA.
 - It is required that all students complete a FAFSA for the purposes of grants or loans. Lake Land College's code is 007644.
 - Call (217) 234-5217
 - financialaid@lakelandcollege.edu

- I understand that application and acceptance into Lake Land College does not guarantee a Registered Dental Hygiene (RDH) Licensure. An RDH license for Illinois is issued by the Illinois Department of Professional Regulation.

- I understand that there are some conditions for which the IDPR may refuse to issue a license (felony conviction). Licensure in other states: see specific requirements for that state. After acceptance and prior to official admission to the Lake land College Dental Hygiene Program, applicants are required to submit to a background check ordered through the programs' official vendor. If an applicant has a criminal history, they should contact the Illinois Department of Financial and Professional Regulation.

- I understand the following admission criteria and procedures are in accordance with Illinois law: in those years when there are more qualified applicants than spaces available in the program, admission is competitive and selective by use of an objective screening/formula approved by the department. This screening/forming includes total number of completed college hours, academic achievement in prerequisite courses, Lake Land College cumulative GPA, dental experience, and being a Lake Land College student.

Lake Land College Dental Hygiene Admissions Rubric

- On March 1st, we start reviewing applicants and their files to determine students for fall admission. Admission scores are calculated utilizing the following rubric.
- All science courses must be taken within the last 5 years with a C or better.
- The following courses must be taken and completed prior to starting the Dental Hygiene Program; ***CHM 111 Concepts of Chemistry, *BIO 225 Anatomy & Physiology I, & *BIO 235 Microbiology**
***Denotes perquisite**

<p>Science Courses Points earned based on grades for courses completed. _____ *BIO225, Anatomy & Physiology I _____ BIO226, Anatomy & Physiology II _____ *BIO235, Microbiology _____ *CHM111, Concepts of Chemistry _____ HED102, Nutrition _____ /50 maximum points</p>	<p>A = 10 points B = 5 points C = 1 point D or below = 0 points Required C or better.</p>
<p>Support Courses Points earned based on grades for courses completed. _____ SOC280, Introduction to Sociology _____ PSY279, Human Development/Lifespan _____ ENG120, Composition I _____ COM111, Intro. to Speech _____ /20 maximum points</p>	<p>A = 5 points B = 3 points C = 1 point D or below = 0 points Required C or better.</p>
<p>Lake Land College Student _____ Has earned 12 hours of credit at Lake Land College. _____ /5 maximum points</p>	<p>5 points (all or nothing in point value)</p>
<p>Dental Experience _____ Dental Assisting Certificate. _____ Dental experience for 6 months. _____ Health Occupation Dental experience for a semester including syllabus for approval. _____ /10 maximum points</p>	<p>10 points (all or nothing in point value) The 10 points is only allowed for one Dental Experience. Must provide proof of dental experience: - Certificate - Letter from DDS/DMD on letterhead - Letter from Health Occupations Instructor</p>
<p>Preparation for Success _____ Dental Hygiene HESI Entrance Exam _____ SFS101 Strategies for Success _____ SFS103 Life Strategies _____ COM200 Interpersonal Communication _____ HED290 Disease Processes _____ AHE041 Medical Terminology _____ /15 maximum points</p>	<p>5 points for Dental Hygiene HESI Entrance Exam 2 points for each class completed For questions regarding the Dental Hygiene HESI Entrance Exam, please contact Kristen Holsapple: kholsapple4086@lakelandcollege.edu</p>
<p>_____ /100 points Total Score</p>	<p>Students want their score to be as close to 100 points as possible. The closer your points are to 100 the better chance you have getting into the Dental Hygiene Program.</p>

Lake Land College Dental Hygiene Transfer Courses

All dental hygiene students are required to take all DHY courses offered each semester throughout the duration of the Dental Hygiene Program. Courses are NOT accepted from other colleges. The only transfer course(s) exception is general education courses that are equivalent to Lake Land College. The equivalency of the transferred course(s) is identified by the Admissions and Records Office and any possible exceptions/substitutions will need approval from the Director of the Dental Hygiene Program.

NON-transferrable courses	Transferrable courses
<ul style="list-style-type: none"> • DHY043 Board Review • DHY045 Radiology • DHY066 Histology and Embryology • DHY067 Dental Anatomy • DHY068 DH 1 • DHY069 Pre-Clinic 1 • DHY071 DH 2 • DHY072 Pre-Clinic 2 • DHY080 Pathology • DHY081 Periodontology • DHY082 Seminar 1 • DHY083 Clinic 1 • DHY084 Seminar 2 • DHY086 Pharmacology • DHY087 Special Needs • DHY088 Clinic 2 • DHY089 Dental Materials • DHY091 Pain Management • DHY092 Public Health • DHY093 Ethics and Jurisprudence • DHY094 Clinic 3 • DHY095 Seminar 3 • DHY-096 Community 	<ul style="list-style-type: none"> • BIO225 A&P 1 • BIO226 A&P 2 • BIO235 Microbiology • CHM111 Concepts of Chemistry • HED102 Nutrition • PSY279 Human Development & Life Span • ENG119 Composition 1 • ENG120 Composition 1 • SOC280 Introduction to Sociology • COM111 Introduction to Speech Communication

Lake Land College Dental Hygiene Program Essential Functions

All students in the Lake Land College Dental Hygiene program must be able to perform diverse, complex, and specific functions and skills. Functional ability is a state of wellness. Therefore, these functions and skills are essential to ensure the health and safety of clients, peers, faculty, and other healthcare providers. The functions and skills include, but are not limited to, the following abilities:

Motor Skills

- Move within confined space
- Sit/stand & maintain balance for prolonged periods
- Reach above shoulders & below waist
- Sustain repetitive movement
- Sufficient motor function to elicit information from patients by palpation, percussion, & other assessment maneuvers

Critical Thinking Skills

- Identify cause and effect relationships
- Plan/control activities for others
- Synthesize knowledge & skills
- Sequence information

Physical Strength & Mobility

- Push or pull patients to ensure proper positioning
- Support patient during treatment, lift for transfer
- Move heavy objects, carry equipment/supplies
- Defend self against combative patients
- Use upper body strength
- Squeeze with hands
- Twist, bend, stoop, squat, climb
- Move quickly
- Physical endurance to complete a minimum 8 hour a day shift

Emotional Stability

- Establish therapeutic boundaries
- Provide patient with emotional support
- Adapt to rapidly changing environmental support
- Deal with unexpected (crisis), handle strong emotions
- Focus attention on tasks
- Perform multiple responsibilities concurrently
- Maintain behavior decorum in stressful situations
- Maintain adequate concentration & attention in patient care settings
- Maintain composure when subjected to high stress

Arithmetic Competence

- Read & understand columns of writing
- Read digital displays & graphics printouts
- Calibrate equipment
- Convert number to/from metric
- Read graphs
- Measure time, count rates

- Calculate medication dosages
- Use & read measuring tools

Fine Motor Skills

- Pick up/grasp small objects with hands
- Write with pen or pencil
- Keyboard/type (use a computer)
- Pinch/pick or otherwise work with fingers
- Twist Squeeze with finger

Sensory

- Visual & auditory acuity within normal range (with correction if needed) in order to observe a patient accurately at a distance & close at hand
- Auditory interpretation of normal speech
- Accurately interpret faint voices
- Auscultate body sounds
- Use depth perception & peripheral vision
- Accurately interpret small print on medication containers, syringes, discriminate color changes, read type at 8 font, & document mentation
- Accurately read monitors & equipment calibrations
- Detect odors
- Feel vibrations, differences in surface characteristics, sizes, shapes

Interpersonal Skills

- Negotiate interpersonal conflict
- Respect differences in patients
- Provide patient with emotional support
- Establish rapport with clients & co-workers
- Teach in an accurate & effective manner
- Report patient information
- The ability to use the English language to communicate effectively in a rational, coherent manner, both orally & in writing, with individuals of all professions & social levels.

Analytical Thinking Skills

- Transfer knowledge from one situation to another
- Problem solve & prioritize, evaluate outcomes
- Use short & long term memory
- Identify cyanosis, absence of respiration, & movements of patient rapidly & accurately
- Accurately process information on medication container, dentists/physicians orders, printed documents, medication administration/other medical documents

Lake Land College Dental Hygiene Bloodborne Pathogens Policy

It is the policy of Lake Land College to comply with the federal Occupational Safety and Health Act (OSHA), Bloodborne Pathogens Standard (29 CFR 1910.1030), as mandated by the Illinois Department of Labor, Safety Inspection, and Education Division and as endorsed by the Illinois Community College Board. OSHA's Bloodborne Pathogen Exposure Standard (29 CFR 1910.1030) requires employers to make immediate confidential medical evaluation and follow-up available for workers who have an exposure incident, such as a needlestick. An exposure incident is specific eye, mouth, other mucous membrane, non-intact skin, or parenteral contact with blood or other potentially infectious materials (OPIM), as defined in the standard that results from the performance of a workers duties. Procedures in compliance with the standard are detailed in the College's Bloodborne pathogens Exposure Control Plan. It is the responsibility of the College's Health Services to monitor and review the plan as mandated by the standard and to bring revisions to the attention of appropriate college offices as needed. The plan is kept on file and is available for review in the College's Health Service Office. For further information please visit www.osha.gov and www.cdc.gov. For more information regarding Lake Land College's policy on bloodborne pathogens, please refer to the Lake Land College Board Policy Manual (11.06) [11 \(lakelandcollege.edu\)](http://lakelandcollege.edu)

Lake Land College Dental Hygiene Required Physical and Immunizations

All students accepted into the Lake Land College Dental Hygiene Program will have to have a physical examination completed by their physician. Students who are accepted will also need to provide a complete immunization record from their physician and have proof of the following immunizations:

- **Diphtheria/Tetanus Toxoid Booster Tdap**
- **Hepatitis B Vaccine Series-** If you decline this vaccine or have not completed the vaccine series by June 1st of the year you are accepted, the Waiver of Liability attached to this packet must be signed and witnessed by your Doctor
- **Tuberculosis-** You are required to have a two (2) step TB Mantoux (5-TU Intradermal PPD). Step One is given and read one week later. Step Two is given and read. IF the immunization form page is not completely filled out, with the appropriate signatures your file will be considered incomplete. A negative two step Mantoux (5-Tuintradermal PPD) is required on time only within one year matriculation. If the test is positive, a negative chest x-ray report must be documented. Other tests are not acceptable.
- **German Measles (Rubella)** - Immunization with live vaccine as of June 19, 1956 or after, and or after the first birthday; or report of immunity by titer or disease confirmed by physician; or physician statement of contraindication.
- **Mumps-** Immunization after 1969 or disease confirmed by physician or born before 1957. Written documentation of immunization of the live mumps vaccine at 12 months of age or later.
- **Measles (Rubeola)** - Two (2) doses of live vaccine separated by at least one month. First dose must have been given as of January 1, 1968 or later, and on or after the first birthday; or report immunity by titer; or born before 1957; or disease confirmed by physician statement of contraindication.
- **MMR (Measles, Mumps, Rubella)** - Two (2) of MMR separated by more than one month and given on or after the first birthdate fulfill the above Measles (Rubeola).

*****Students who fail to provide proof of the immunizations listed above will have an incomplete file and will not be able to start the Lake Land College Dental Hygiene Program.**

Covid-19 Statement

Lake Land College has implemented requirements and procedures in accordance with the Governor's Executive Order mandating vaccination or weekly COVID-19 testing for all Illinois higher education personnel and students, the related Illinois Community College Board directives, and guidance from the CDC and IDPH. All students and employees are responsible for reviewing and following the requirements and procedures as presented on the College's Pandemic Response Safety Guidelines posted on the College website.

Currently, masks covering the nose and mouth are required indoors at all times for both vaccinated and unvaccinated individuals, except when the individual is alone in an enclosed office with the door closed. Individuals refusing to wear a mask appropriately indoors will be required to leave. Students and employees who have not submitted documentation confirming full vaccination are required to complete a COVID-19 test on campus weekly or submit weekly results of a third-party test (see website for information regarding submission of third-party test results). Individuals who have medical conditions or religious beliefs that preclude vaccination must test weekly. There is no exemption from weekly testing unless individuals are fully vaccinated. Compliance will be monitored and individuals who are not in compliance will be excluded from campus. Repeated non-compliance may result in withdrawal from in-person classes and disciplinary action.

The Allied Health Programs guidelines and expectations align with the requirements and procedures presented in the College's Pandemic Response Safety Guidelines. If the College updates the requirements and procedures, the Allied Health Programs will follow the new guidelines. If clinical partners impose requirements that are more restrictive, such as a vaccination mandate, the Allied Health Programs will follow the clinical partner's requirements. If a student refuses to comply with the clinical site's requirements, he/she will fail to meet clinical objectives and will therefore fail the course.

Kristen Holsapple

Director of Dental Hygiene

Waiver of Liability for Non-Immunization

I have discussed Hepatitis B and Influenza with my physician and understand the risk involved with not taking the Hepatitis B and/or Influenza vaccine. I have had an opportunity to ask questions about Hepatitis B and Influenza and have had my questions answered.

This is to acknowledge that I have declined to take the following vaccine(s) or have not completed the vaccine series as of this date.

This is to acknowledge that I have declined the Hepatitis B Vaccine.

- Hepatitis B

This is to acknowledge that I have declined the Influenza (Flu Vaccine).

- Influenza (Flu Vaccine)

I also release any cooperating clinical agency used by the Lake Land College Dental Hygiene Program from any and all liability for claims; causes of action; loss; damages; cost and expenses, of any kind whatsoever arising out of, or in any manner occasions, by contacting Hepatitis B and/or Influenza.

This waiver is binding on my heirs, assigns, and personal representatives.

Applicants will sign this waiver if he/she has declined to take the vaccine(s) or has not completed the vaccine series by the date of this physical.

This acknowledgement states you have either declined to take Hepatitis B or Influenza vaccinations or you have not completed the series. Failure to sign the Waiver of Liability will result in an incomplete file.

Date_____Signature_____

Date_____Signature_____Witness_____

Frequently Asked Questions

1. When is the Dental Hygiene Application due?
 - a. March 1st. After March 1st we will select our next Dental Hygiene Class.
2. Do I need to reapply each year?
 - a. Yes, registration is open from August 1st through March 1st each year.
3. Where do I fill out my Dental Hygiene Application?
 - a. Online <https://www.lakelandcollege.edu/dental-hygiene-clinic/dental-hygiene-intent/>
4. When will I find out if I get into the Dental Hygiene Program?
 - a. We will notify students of admissions decision in May.
5. How can I improve my chances of gaining admission into the Dental Hygiene Program?
 - a. Study! The better your grades the more points you will accumulate.
6. What other courses can help me be successful in the Dental Hygiene Program?
 - a. AHE041 Medical Terminology
 - b. HED200 Principles of Health
 - c. HED270 Community Health
 - d. HED290 Disease Processes
7. Is there a waiting list?
 - a. The Dental Hygiene Program uses an objective, competitive admissions process. Each year, 28 applicants are accepted based on a point system. See Rubric.
8. Are there weekend or evening Dental Hygiene classes?
 - a. Each semester varies. Be prepared to work evenings and possible weekends. Be prepared to work 8+ hours a day.
9. What do I do if I am not accepted into the Dental Hygiene Program?
 - a. Study and retake courses to improve your letter grade. Consider gaining experience in the dental field. Contact Jennifer Melton for further information.
10. How long does the Dental Hygiene Program last?
 - a. 5 semesters
 - b. 22 months
 - c. Fall, Spring, Summer, Fall, Spring
11. Where is the Dental Hygiene Program offered?
 - a. The Dental Hygiene Program is offered on the main campus. Students will be assigned to clinical rotation sites off of campus depending on semester.

12. How often will I be in school?
- Students can expect to attend class/clinical 5 days a week, 8+ hours a day.
13. Should I work a part-time or full-time job while in the Dental Hygiene Program?
- The Dental Hygiene Program is very demanding of your time. We recommend being cautious with how many hours you devote outside of the program.
14. What is the student kit? How much is the student kit?
- The student kit includes all of your supplies while in the Dental Hygiene Program.
 - The student kit is purchased your first semester at the bookstore.
 - It cost approximately \$3000.00 and it is not included in your tuition.
15. How much do loupes cost? Are they mandatory?
- Approximately \$1,500 and it is not included in your tuition.
 - Yes they are mandatory and you will be fitted for them during your 1st semester in the Dental Hygiene Program.
16. How much does it cost to go to Andy RDH Board Review? Is it mandatory?
- Approximately \$500.00 dollars. It is not mandatory, but highly encouraged and recommended that students attend.
17. How much does the National Written Dental Hygiene Board Cost? Is it mandatory?
- Approximately \$500.00 dollars. Yes, it is mandatory.
18. How much does the Clinical Dental Hygiene Board cost? Is it mandatory?
- Approximately \$1,500.00 dollars. Yes, it is mandatory.
19. What is the total cost of the Dental Hygiene Program?
- In District Students – Approximately \$16,000 dollars.
 - Out of District Students (OOD) – Approximately \$25,000 dollars.
 - Out of State Students (OOS) – Approximately \$40,000 dollars.
20. Financial aid questions.
- E-mail, <https://www.lakelandcollege.edu/financialaid/>
 - Call (217) 234-5231
21. Perkins
- You may be eligible to receive assistance through the Perkins Program if you are enrolled in a Workforce Ready Program (Dental Hygiene)
 - To receive assistance from Perkins, you must first complete a Perkins Assistance Application, meet with the Perkins Specialist and provide additional information such as your Lake Land College Student ID, current class schedule and your class booklist.
 - Perkin student support can assist with the cost of your uniforms, name badges, tutoring, workbooks and textbooks, tool loan/rental, learning supplies and access to additional resources.
 - To begin the application process or for additional information concerning student support, please send an email to perkins@lakelandcollege.edu
 - Applications are also available at lakelandcollege.edu/perkins and Webb Hall 024.

22. C.E.F.S. Economic Opportunity Corporation
- a. C.E.F.S. is a not for profit Community Action Agency serving the Illinois counties of Christian, Clay, Effingham, Fayette, Montgomery, Moultrie, and Shelby. C.E.F.S. develops, implements, and evaluates social service programs to assist economically and socially disadvantaged people in their quest for greater self-sufficiency.
 - b. Call (217) 342-2193 if you have any questions.
23. WIOA Workforce Innovation and Opportunity Act
- a. WIOA offers a comprehensive range of workforce development activities to help seekers and workers access employment, education, training, and support services to succeed.
 - b. Call (217) 342-2193 if you have any questions.
24. Where do I send my transcripts? Do they have to be official transcripts?
- a. Email, <https://www.lakelandcollege.edu/admissions/>
 - b. Call (217) 234-5434
 - c. Yes, your transcripts must be official.

Thank you