

Lake Land College

Dental Hygiene

Program

Application Checklist

**To be considered for the Dental Hygiene Program,
you must fill out and submit your intent online from
August 1st-March 1st.**

<https://www.lakelandcollege.edu/dental-hygiene-clinic/dental-hygiene-intent/>

**And follow all directions in this application packet
with documents due by March 1.**

Students will be notified by **mid-April** if they were accepted into the Dental Hygiene Program or were not accepted into the Dental Hygiene Program.

Important Contacts

Beth Hartrich, Director of Dental Hygiene/Dental Hygiene Instructor

North West Building, Room #021; (217) 234-5205
ehartrich@lakelandcollege.edu

Ashley Homann, Dental Hygiene Administrative Assistant

North West Building, Room #023; (217) 234-5201
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Jennifer Melton, Academic Counselor

Luther Student Center, Room #430; (217) 234-5251
jmelton52502@lakelandcollege.edu

Complete and follow ALL directions DUE March 1st of the application year.

1. Complete a Laker Profile and submit the Intent to Enroll here at Lake Land College.
 - Select "AAS. DH. TRK" as the academic program. This will ensure the student is assigned a dental hygiene academic advisor. It will also generate a Laker email account; prospective students are expected to check this email account on a regular basis for Dental Hygiene Department correspondence.
 - Application and acceptance into Lake Land College does not automatically guarantee you admission into the dental hygiene program.
 - <https://www.lakelandcollege.edu/enroll/>

2. Send an official copy of all of your transcripts to Lake Land College Admissions & Records, 5001 Lake Land Blvd., Mattoon, IL 61938. These transcripts can be electronic. Request transcripts that apply to you: high school transcripts with graduation date, GED transcript, and any college transcripts. For transfer students transferring credits from other colleges you must fill out a "Transcript Evaluation" request for "AAS. DH. TRK" from Admissions & Records Office to ensure courses that may qualify you are evaluated.
 - Call (217) 234-5434.
 - admissions@lakelandcollege.edu

3. Submit your ACT/SAT scores online through the ACT and SAT websites and/or take the college ACCUPLACER's Assessment Placement Test.
 - ACT - <https://www.act.org/content/act/en/products-and-services/the-act/scores/sending-your-scores.html>
 - SAT - <https://collegereadiness.collegeboard.org/sat/scores/sending-scores>
 - Complete Lake Lands ACCUPLACER's assessment test.
 - i. The placement test consist of math, reading and English. Exemption from the reading requirement may be obtained if you have earned 30 hours of college coursework in good standing from a regionally accredited college or university. To obtain this waiver, you must have an official transcript sent to Admissions and Records. Call or email the Tutoring and Testing Center at (217) 234-5301 to schedule.

4. Apply for financial aid by completing the FAFSA if applicable.
 - a. It is required that all students complete a FAFSA for the purposes of grants or loans. Lake Land College's code is 007644.
 - b. Call (217) 234-5217
 - c. financialaid@lakelandcollege.edu

5. Apply for the Dental Hygiene Program

- Students must complete this Dental Hygiene application and meet specific criteria to be admitted to the program.
- The program intent is available online at the Lake Land College website below. Receipt of this intent will prompt the dental hygiene department to start a file and correspondence will begin.
- Link to intent: <https://www.lakelandcollege.edu/dental-hygiene-clinic/dental-hygiene-intent/>
- Get a HARD copy of ALL college transcripts. (If you have taken or are taking courses at Lake Land, we do NOT need official transcripts from Lake Land College. We can look those up very easily.) Save these and send to the Dental Hygiene Program at Lake Land College along with all other documentation that needs turned in for this application process.
- Look over the following Admissions Rubric (next page p. 5)
- Send in hard copy of Dental Assisting certification and/or letter from dentist/employer for 5 pts on admissions rubric
OR
- Send in hard copy of documentation of a health occupations dental rotation OR letter from dental office stating job shadow experience for 2 pts on admissions rubric
- Send in a HARD copy of essay question/answer (see page 6 on directions for essay question). Be sure to sign and date this essay with blue or black ink at the end of this essay confirming that you wrote the essay and it is not plagiarized.
- Read through the Program Essential Functions (see page 7 and be sure you can meet and do those functions)
- Read the Bloodborne Pathogens Policy (page 8). If you do get accepted into the program, you will be around Bloodborne Pathogens and could possibly have exposure to these. Vaccinations are HIGHLY recommended, especially Hep B.

PLEASE NOTE: Being admitted into the program does not guarantee you will get a dental hygiene license (RDH). A RDH license for Illinois is issued by the Illinois Department of Professional Regulation. There are some conditions for which this department may refuse to issue a license (ex: felony conviction). Licensure in other states vary: see specific requirements for that state. After acceptance and prior to official admission to the Lake Land College Dental Hygiene Program, applicants are required to submit to a background check ordered through the programs' official vendor. If an applicant has a criminal history, they should contact the Illinois Department of Financial and Professional Regulation.

Lake Land College Dental Hygiene Admissions Rubric

- On March 2nd, the dental hygiene admission committee starts reviewing applicants and their files to determine students for fall admission. Admission scores are calculated utilizing the following rubric.
- All science courses must be taken within the last 5 years with a C or better.
- The following courses must be taken and completed with a C or better prior to starting the Dental Hygiene Program:

***CHM 111 Concepts of Chemistry, *BIO 225 Anatomy & Physiology I, & *BIO 235 Microbiology**

- **Only college GPA of 2.3 or above will be considered.**

<p>Science Courses Points earned based on grades for courses completed. _____ *BIO225, Anatomy & Physiology I _____ BIO226, Anatomy & Physiology II _____ *BIO235, Microbiology _____ *CHM111, Concepts of Chemistry _____ /40 maximum points</p>	<p>A = 10 points B = 5 points C = 1 point D or below = 0 points Required C or better Repeated course = 1 point if highest grade is C; 3 points if highest grade is a B; 5 points if highest grade is an A *Denotes prerequisite</p>
<p>Support Courses Points earned based on grades for courses completed. _____ SOC280, Introduction to Sociology _____ PSY279, Human Development/Lifespan _____ ENG120/119, Composition I _____ COM111, Intro. to Speech _____ /20 maximum points</p>	<p>A = 5 points B = 3 points C = 1 point D or below = 0 points Required C or better. Repeated course = 1 point if highest grade is A, B, or C</p>
<p>Lake Land College Student _____ Has earned 12 hours of credit at Lake Land College. _____ /3 maximum points</p>	
<p>_____ /5 Dental Assisting Certificate OR Dental experience for 6 months (work in a dental office at least 8 hours/week and get paid) (5 points) OR _____ /2 Job shadow in a dental office for at least 16 hours/Health Occupations dental rotation (2 points).</p>	<p>Must provide proof of dental experience: - Dental Assisting Certificate - Letter from dentist/employer of dental office on letterhead stating employment for 6 months Must provide proof of job shadowing experience: - Letter from Health Occupations Instructor - Letter from dentist/employer of dental office on letterhead stating job shadowing experience</p>
<p>Preparation for Success _____ SFS101 Strategies for Success _____ HED290 Disease Processes _____ HED270 Community Health _____ HED102 Nutrition _____ AHE041 Medical Terminology _____ AHE042 Advanced Medical Terminology _____ CIS160 Practical Software Applications _____ /14 maximum points</p>	<p>2 points for each class completed with a "C" or better</p>
<p>Cumulative College Grade Point Average (GPA) – 12 hours of college credit at a minimum _____ /10 maximum points</p>	<p>Out of a 4.0 scale 4.0-3.50 = 10 points 3.49-3.0 = 8 points 2.99-2.5 = 5 points 2.49-2.3 = 3 points 2.29 and under = 0 points/ineligible for the program</p>
<p>Essay Question (based on a rubric)</p>	<p>5 points (based on following directions, answered the question(s) completely, used correct grammar and punctuation, well-written)</p>

_____ /5 maximum points	Failure to complete the essay question will result in an automatic disqualification.
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Essay Questions Directions

In the dental hygiene program, on a regular basis instructors give out constructive criticism to beginning dental hygiene students to improve skills necessary to become a competent dental hygienist. This is their job to do this. Constructive criticism gives specific recommendations on how to make positive improvements. Constructive criticism is clear, to the point and easy to put into action. Constructive criticism is feedback that provides specific, actionable suggestions. Some students mistake this feedback as negative and get defensive.

Tell us about a time when you have received constructive criticism from a teacher, coach, employer, (anyone really). How did you perceive this, what did you learn from it, and how will you apply a positive response to the constructive criticism you will receive if you got into the dental hygiene program?

On a separate piece of white paper (8.5" x 11"), type a response in one page or less to the above topic. Also, follow all of these instructions:

- 1. Paper set up: Font size 12, Times New Roman, double spaced with 1 inch margins all around (Top, bottom, right, left).**
- 2. Type your response using correct grammar, spelling, and complete sentences.**
- 3. When you are finished with your paper sign the bottom with blue or black ink and date it. When you sign this, you are signing and confirming that YOU wrote this paper and it is NOT plagiarized.**
- 4. This is worth 5 points on the admission rubric based on answering the questions, following instructions, your response to the topic, correct grammar and punctuality, and well written.**

Lake Land College Dental Hygiene Program Essential Functions

All students in the Lake Land College Dental Hygiene program must be able to perform diverse, complex, and specific functions and skills. Functional ability is a state of wellness. Therefore, these functions and skills are essential to ensure the health and safety of clients, peers, faculty, and other healthcare providers. The functions and skills include, but are not limited to, the following abilities:

Motor Skills

- Move within confined space
- Sit/stand & maintain balance for prolonged periods
- Reach above shoulders & below waist
- Sustain repetitive movement
- Sufficient motor function to elicit information from patients by palpation, percussion, & other assessment maneuvers

Critical Thinking Skills

- Identify cause and effect relationships
- Plan/control activities for others
- Synthesize knowledge & skills
- Sequence information

Physical Strength & Mobility

- Push or pull patients to ensure proper positioning
- Support patient during treatment, lift for transfer
- Move heavy objects, carry equipment/supplies
- Defend self against combative patients
- Use upper body strength
- Squeeze with hands
- Twist, bend, stoop, squat, climb
- Move quickly
- Physical endurance to complete a minimum 8 hour a day shift

Emotional Stability

- Establish therapeutic boundaries
- Provide patient with emotional support
- Adapt to rapidly changing environmental support
- Deal with unexpected (crisis), handle strong emotions
- Focus attention on tasks
- Perform multiple responsibilities concurrently
- Maintain behavior decorum in stressful situations
- Maintain adequate concentration & attention in patient care settings
- Maintain composure when subjected to high stress

Arithmetic Competence

- Read & understand columns of writing
- Read digital displays & graphics printouts
- Calibrate equipment
- Convert number to/from metric
- Read graphs
- Measure time, count rates
- Calculate medication dosages
- Use & read measuring tools

Fine Motor Skills

- Pick up/grasp small objects with hands
- Write with pen or pencil
- Keyboard/type (use a computer)
- Pinch/pick or otherwise work with fingers
- Twist Squeeze with finger

Sensory

- Visual & auditory acuity within normal range (with correction if needed) in order to observe a patient accurately at a distance & close at hand
- Auditory interpretation of normal speech
- Accurately interpret faint voices
- Auscultate body sounds
- Use depth perception & peripheral vision
- Accurately interpret small print on medication containers, syringes, discriminate color changes, read type at 8 font, & document mentation
- Accurately read monitors & equipment calibrations
- Detect odors
- Feel vibrations, differences in surface characteristics, sizes, shapes

Interpersonal Skills

- Negotiate interpersonal conflict
- Respect differences in patients
- Provide patient with emotional support
- Establish rapport with clients & co-workers
- Teach in an accurate & effective manner
- Report patient information
- The ability to use the English language to communicate effectively in a rational, coherent manner, both orally & in writing, with individuals of all professions & social levels.

Analytical Thinking Skills

- Transfer knowledge from one situation to another
- Problem solve & prioritize, evaluate outcomes
- Use short & long term memory
- Identify cyanosis, absence of respiration, & movements of patient rapidly & accurately
- Accurately process information on medication container, dentists/physicians orders, printed documents, medication administration/other medical documents

Lake Land College Dental Hygiene Bloodborne Pathogens Policy

It is the policy of Lake Land College to comply with the federal Occupational Safety and Health Act (OSHA). Bloodborne Pathogens Standard (29 CFR 1910.1030), as mandated by the Illinois Department of Labor, Safety Inspection, and Education Division and as endorsed by the Illinois Community College Board. OSHA's Bloodborne Pathogen Exposure Standard (29 CFR 1910.1030) requires employers to make immediate confidential medical evaluation and follow-up available for workers who have an exposure incident, such as a needlestick. An exposure incident is specific eye, mouth, other mucous membrane, non-intact skin, or parenteral contact with blood or other potentially infectious materials (OPIM), as defined in the standard that results from the performance of a workers duties. Procedures in compliance with the standard are detailed in the College's Bloodborne pathogens Exposure Control Plan. It is the responsibility of the College's Health Services to monitor and review the plan as mandated by the standard and to bring revisions to the attention of appropriate college offices as needed. The plan is kept on file and is available for review in the College's Health Service Office. For further information please visit www.osha.gov and www.cdc.gov. For more information regarding Lake Land College's policy on bloodborne pathogens, please refer to the Lake Land College Board Policy Manual (11.06) https://www.lakelandcollege.edu/wp-content/laker-documents/laker/board_policy/Board_Policy_Manual.pdf#1106

Lake Land College Dental Hygiene Required Physical and Immunizations

All students accepted into the Lake Land College Dental Hygiene Program will have to have a physical examination completed by their physician. Students who are accepted will also need to provide a complete immunization record from their physician and have proof of the following immunizations:

- **Diphtheria/Tetanus Toxoid Booster Tdap**
- **Hepatitis B Vaccine Series-** If you decline this vaccine or have not completed the vaccine series by June 1st of the year you are accepted, the Waiver of Liability attached to this packet must be signed and witnessed by your Doctor
- **Tuberculosis-** You are required to have a two (2) step TB Mantoux (5-TU Intradermal PPD). Step One is given and read one week later. Step Two is given and read. IF the immunization form page is not completely filled out, with the appropriate signatures your file will be considered incomplete. A negative two step Mantoux (5-Tuintradermal PPD) is required on time only within one year matriculation. If the test is positive, a negative chest x-ray report must be documented. Other tests are not acceptable.
- **German Measles (Rubella) -** Immunization with live vaccine as of June 19, 1956 or after, and or after the first birthday; or report of immunity by titer or disease confirmed by physician; or physician statement of contraindication.
- **Mumps-** Immunization after 1969 or disease confirmed by physician or born before 1957. Written documentation of immunization of the live mumps vaccine at 12 months of age or later.
- **Measles (Rubeola) -** Two (2) doses of live vaccine separated by at least one month. First dose must have been given as of January 1, 1968 or later, and on or after the first birthday; or report immunity by titer; or born before 1957; or disease confirmed by physician statement of contraindication.
- **MMR (Measles, Mumps, Rubella) -** Two (2) of MMR separated by more than one month and given on or after the first birthdate fulfill the above Measles (Rubeola).

Quick Check List for DH Application Process

- Apply to Lake Land College itself**
- Send in (can be electronically) transcripts to Admission and Records (HS and College)**
- Submit ACT/SAT scores and/or take ACCUPLACER test**
- Fill out/submit online the Dental Hygiene Intent**
- Turn in hard copies of:**
 - 1. ALL College transcripts (except courses taken at Lake Land)**
 - 2. Essay question and answer**
 - 3. Proof of dental assisting certification OR proof of employment at a dental office (6 months or more)**
 - 4. OR Proof of health occupations dental rotation OR proof of job shadowing experience (16 hours or more)**
 - 5. These documents/hard copies must be mailed to:**

Lake Land College
c/o Dental Hygiene
5001 Lake Land Blvd.
Mattoon, IL 61938

or physically brought into the Northwest Building on the main campus: Office 023 or Office 021.