Motor Skills

- Move within confined space
- Sit/stand and maintain balance for prolonged periods
- Reach above shoulders and below waist
- Sustain repetitive movement
- Perform client care for an entire length of clinical experience, 8-12 hours
- Sufficient motor function to elicit information from patients by palpation, percussion, and other assessment maneuvers

Fine motor skills

- Pick up objects with hands
- Grasp small objects with hands
- Write with pen or pencil
- Keyboard/Type (use a computer)
- Pinch/pick or otherwise work with fingers (syringe; withdraw blood)
- Twist (turn knobs with hands)
- Squeeze with finger (eye dropper)

Critical Thinking Skills

- Identify cause and effect relationships
- Plan/control activities for others
- Synthesize knowledge and skills
- Sequence information

Physical Strength and mobility

- Push or pull patients to ensure proper positioning
- Support patient during ambulation
- Lift patients to transfer
- Move heavy objects
- Defend self against combative client
- Carry equipment/supplies
- Use upper body strength (CPR, restrain a client)
- Squeeze with hands (fire extinguisher)
- Twist and bend
- Stoop, squat
- Move quickly
- Climb (ladder stairs)
- Physical endurance to complete an 8-12 hour shift

Sensory

- The ability to demonstrate visual and auditory acuity within normal range (with correction if needed) in order to observe a patient accurately at a distance and close at hand.
- Auditory interpretation of normal speaking level sound
- Accurately interpret faint voices
- Auscultate faint body sounds (BP), bowel sounds, lung sounds, heart sounds
- Use depth perception and peripheral vision
- Accurately interpret small print on medication containers, syringes, discriminate color changes, read type at 8 font, and document on college ruled paper
- Accurately read monitors and equipment calibrations
- Detect odors from patient
- Detect smoke, gases or noxious smells
- Feel vibrations (pulses)
- Detect temperature
- Feel differences in surface characteristics
- Feel differences in sizes, shapes (palpate vein)
- Detect environmental temperature

Emotional Stability

- Establish therapeutic boundaries
- Provide client with emotional support
- Adapt to rapidly changing environmental support
- Deal with unexpected (crisis)
- Focus attention on task
- Perform multiple responsibilities concurrently
- Handle strong emotions (grief)
- Maintain behavioral decorum in stressful situations
- Maintain adequate concentration and attention in hospital and prehospital settings

Interpersonal Skills

- Negotiate interpersonal conflict
- Respect differences in patients
- Provide patient with emotional support
- Establish rapport with patients and coworkers
- Collaborate with multiple agencies to delivery patient care
- Delegate patient care tasks to coworkers
- Teach and provide information in an accurate and effective manner
- Report patient information to other caregivers

- Maintain composure when subjected to high stress
- The ability to use the English language to communicate effectively in a rational, coherent manner, both orally and in writing, with individuals of all professions and social levels.

Arithmetic Competence

- Read & understand columns of writing
- Read digital displays and graphics printouts (I&O)
- Calibrate equipment
- Convert numbers to/from metric
- Read graphs (EKGs)
- Measure time (duration)
- Count rates (pulse rate)
- Calculate medication dosages & IV solution rates
- Use measuring tools (thermometer)
- Read measurement marks (calipers)
- Add, subtract, multiply, divide
- Use a calculator
- Write number in records

Analytical Thinking Skills

- Transfer knowledge from one situation to another
- Evaluate outcomes
- Problem solve and prioritize
- Use short- and long-term memory
- Accurately assess B/P, heart, lung, vascular and abdominal sounds
- Identify cyanosis, absence of respiration and movements of client rapidly and accurately
- Accurately process information on medication container, physician's orders, equipment calibrations, printed documents, flow and graphic sheets, medication administration records, and other medical records