

CAREER COACH ACTIVITY

CAREER COACH WEBSITE

Explore your interests and discover how they align with more than 900 occupations, as well as pointing you to the specific program that would help you get the job you want. Find career information, including current local job openings, estimated regional salaries and more!

To get started, visit LakeLand.lightcastcc.com/?radius=®ion=Lake%20Land%20College%20Area

On the Career Coach homepage, go to the top of the page and click Log In to create your account.



ACTIVITY 1: CAREER ASSESSMENT

Determine careers that match your interests.

- ♦ Log in to Career Coach.
- ♦ Click **Take Assessment** at the top of the page.
- ♦ Take your time and fill out each question.

Your results will show your top three interest areas; please read the descriptions for each one.

What are your three main interest areas?

At the bottom of the page, you will find occupations that may be a good match for you based on your results. Occupations are sorted by education level so you can see matches based on the level of education you plan to pursue. If you see an occupation that looks interesting, click on it to get an overview of the wages and opportunities in your area as well as educational options at Lake Land College.

WHICH OCCUPATIONS INTEREST YOU THE MOST?

CAREER	GROWTH (Increasing/ Average/ Decreasing)	SALARY	EDUCATION NEEDED

ACTIVITY 2: CAREER RESEARCH

Learn more about the careers you are interested in.

- ♦ Log in to Career Coach.
- ♦ Using the search box at the top of the page, search for an occupation you would like to learn about.
- ♦ Answer the questions below.

Name of the job: _____

What job duties do I think I would enjoy the most?

What job duties do I think I would not enjoy?

How much is the salary? _____ Is this salary acceptable? _____

How many job openings are expected annually? _____

Am I relatively confident I will find a job after I graduate based on the number of job openings expected? _____

Roughly how many years will it take to complete the training? _____

Is the length of training acceptable to me? _____

What program of study will best prepare me for this career? _____

What kind of companies or organizations could I find work at if I was in this position?

What are two (or more) additional careers that I would like to learn about?

Please contact Career Services to schedule an appointment to discuss your goals with a career services member.

217-234-5288

careerservices@lakelandcollege.edu